



# One tree hill grapevine

This is a free community Newsletter.

However a Gold Coin Donation towards the cost of production of the Grapevine would be most appreciated.

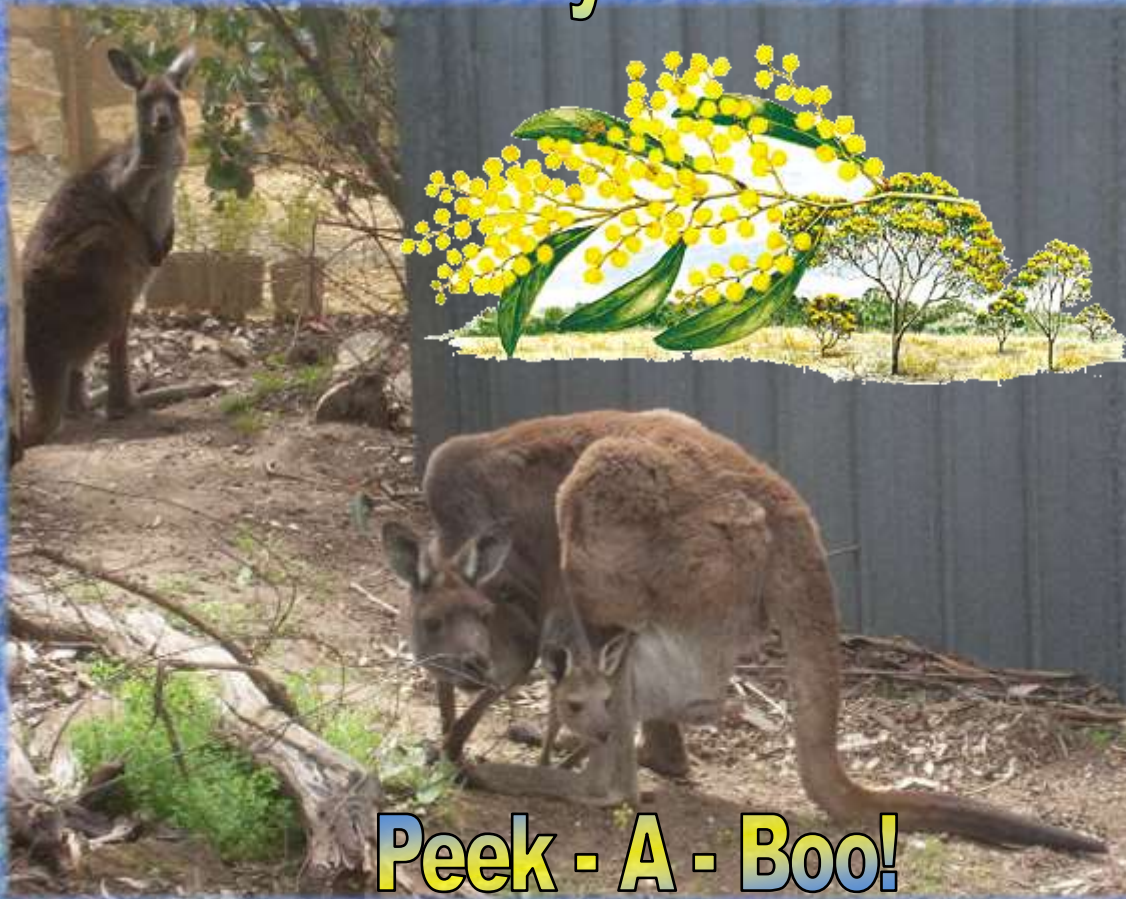
Place your gold coin donation in the Piggy Bank at the General Store, Post Office, Fodder Store or OTH Country Market when you pick up your copy.

Deadline for the December edition is FRIDAY 22nd NOVEMBER.



## NOVEMBER - Volume 36 - Edition 10 - 2013

## A Visit to Dealtry's Native Plants



### Peek - A - Boo!

A pleasant treat you are more than likely to encounter when visiting Dealtry's Native Plants, (not far from Para Wirra National Park) is the sight of several kangaroos that seem quite happy to sit and lay around the nursery and house. Pictured is Humpy (mother) with her as yet unnamed joey peeking out at enchanted visitors. Her other offspring, Harriet is looking on, she doesn't stray far from Mum either.

Mum has quite a large deformity to her spine, but still accommodates her baby which is quite large. Anne (Dealtry) assures us that when she has had enough of carrying its weight around, mother kangaroo will oust the young one and make it learn to become independent, under her watchful eye not doubt!

### EMERGENCY NUMBERS

**Police: 131 444**

**Ambulance & Other Emergencies:**

**Country Fire Service: 000**

**Station: (When manned) 8280 7412**

**Hospital: 8182 9000**

**000**

**General Business: 8280 7055**

**Bushfire Info Hotline (24hr): 1300 362 361**



[www.cfs.org.au](http://www.cfs.org.au)



## From the Desk

Here we are with only one more addition of the Grapevine for the year, 2013 seems to have just flown by in the wink of an eye. We have had so many stories to tell in the Grapevine and also shared the sad news of local residents passing away. This month we have a tribute to Cordell Hallett who passed away on the 1st October. (The article is on page 3). He was a great, although silent contributor to the Grapevine for many years. Cordell spent a lot of time researching the history of his family and when he came across any things were of interest to One Tree Hill history he passed them on to the Grapevine. We have shared numerous history articles with our readers over time. This month we have a story written in 1928 that Cordell sent to us the day before he became ill, the article describes the roads and speedway at Smithfield, bet you didn't know that there was a speedway such a short distance away. Enjoy the read about it.

As usual we have the regular articles along with a contribution from Sarah at Kamcheyenne Limousin who talks about the way to handle cattle. We hope that you find this interesting. The article is on page 15.

We have a fabulous recipe for Greek Almond biscuits on page 17. They come highly recommended.

The kids are getting a recipe again this month, banana bread balls that involve no baking. Talking about kids, have a look at the great photos of the kids on page 13, the Kookaburra page, just beautiful isn't it.

Head lice start making their appearance this time of the year so there are some tips on page 20 for parents to read. We also have some ideas to help relax and find happiness on page 22, we all need to find the time to try out some of these ideas.

Again we have to start thinking about the Christmas edition. If there are any advertisers who need a Christmas message on their ad let us know by the deadline on November 22nd. Can we also ask that advertisers please get in touch and let us know if they would like to continue advertising in 2014. A lot of people go away at Christmas and it's hard to get in touch so this will have us ready for the February edition. (We have a rest in January).

Until next month, The Grapevine Team.

Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)

Post: P.O. Box 196 One Tree Hill, S.A. 5114.

Phone: **8280 7095**



### President's Report November 2013

It is with a great deal of sadness that we report on the passing of local resident, Cordell Hallett.

For those who are members or have had contact with the One Tree Hill Progress Association, you would be aware of the significant contribution that Cordell made, both in his continued research for historical articles and his years as both Bookkeeper/Treasurer for the Association.

Cordell certainly enjoyed digging up old records and researching into the founding families, their history and personalities of the One Tree Hill district. Sadly, his last article actually appears in this month's edition.

Many of the articles that have appeared in The Grapevine, particularly in the last 3 or 4 years came from Cordell's research. In addition to his work on articles, both Cordell and Pam were tireless workers in assisting with dressing up the main street for the Tour Down Under and for the preparation for our

Anzac Day Dawn Service. Their input was always very much appreciated.

Our sincere condolences to Pam and family. Cordell will be sadly missed.

With Christmas fast approaching, bookings for functions at the hall continue to grow and forward demand into 2014 has already exceeded expectations.

The monthly Country Market is also showing solid growth, with many on the waiting list to come inside. Thanks to the new people involved in organisation and operating the market - it is a pleasure to see something growing and developing that we can all enjoy.

Cheers for now. Ian Slater.

To contact OTH Progress Association

Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com)

or by post: P.O. Box 196 One Tree Hill, SA 5114

or by phoning the Secretary on **8280 7095**



## Read the Grapevine on line



If you haven't had a chance to see an online edition of the Grapevine please go to the site:

[www.onetreehillhall.com.au](http://www.onetreehillhall.com.au) click on "About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know. This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine. The

Grapevine now has a facebook page. Check it out and have your say about your newsletter. <https://www.facebook.com/pages/One-Tree-Hill-Grapevine/379556192156386>



\*\*\*\*\*

This newsletter is published by the One Tree Hill Progress Association. Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com) Ph: 8280 7095

The views expressed in this newsletter are not necessarily those of the One Tree Hill Progress Association.

Its purpose is to share local news, views and events. Advertisers are responsible for the accuracy of the content of their advertisement.

# A Tribute to Cordell Charlson Hallett - 2.1.1940 - 1.10.2013

Cordell was the only son of the late Harold and Dulcie Hallett nee Charlson, formerly of Glenunga. Dearly loved husband of Pam, much loved father of Jo, Brett and Lee, respected father-in-law of Sharon and Ian and treasured grandfather of Alex, Dale, Cody, Riley, Cassidy, Ashlee, Brooke, Jade and Thomas.

His maternal grandparents were Joseph and Edith Charlson nee Currie formerly of 'View Park', One Tree Hill. Joseph built the four room stone cottage on Johnson Road in 1903, before his marriage to Edith in 1904.

Cordell's great-grandparents were Charles Anders Charlson, born in Sweden, and Jan Roe, born in Ireland. They arrived in Australia independently in the mid 1850s and were married at Undalya in 1859, having met each other due to their employment opportunities. Charles and Jane tried their luck at fossicking for gold in the Barossa and later at the Lady Alice Gold Mine, but with very minimal success. Charles then ventured into timber cutting, supplying lining for the mine shafts and tunnels at Lady Alice. Jane was also industrious and with their first savings purchased a cow to provide the family with milk and any surplus was sold to the miners. Later they were able to acquire additional cows, enabling them to supply milk to the goldfields, Jane also cooked meals for the miners.

A property was purchased in 1875 in One Tree Hill, now known as 'View Park' which was convenient for the four children to attend Precolumb School. William Jones previously owned the property and had built the homestead. Mixed farming was established and some produce was sent to Adelaide with local carrier, Thomas Stevens, who had a dairy opposite 'View Park'.



*The Grapevine team extends our deepest condolences to Pam and family on their loss. Cordell will be missed by all who knew him. He was a great historian and an active member of the One Tree Hill Community. Rest in Peace.*

Precolumb School was built during 1851 to 1857 and was the second school in One Tree Hill. The first being a private school on Sampson Flat, located on land which became part of 'View Park'. James Sampson, of Precolumb Farm, donated some of his property for a school play area for the children of the district.

Cordell spent many school holidays visiting his grandparents at 'View Park' and enjoying the time with his cousins. His parents, Harold and Dulcie were sheep graziers in the district and Cordell and Pam continued to run sheep on the property until recent times. It was his love of family history and One Tree Hill that inspired Cordell and Pam in 1997/99 to renovate and extend the family cottage on Johnson Road that his Grandfather Charlson had originally built.

Cordell was an active member of the One Tree Hill district through his involvement with the Progress Association, the Grapevine and his support of community events. His vast knowledge of the local area was the result of family history and research, which he enjoyed doing very much.

Cordell is lovingly remembered by his family.



*On page 18 is the last article that Cordell Hallett sent to the Grapevine in late September. Cordell had been sending anything of interest to the Grapevine for the past 3 - 4 years and did so right up until a few days before passing away. Cordell has been responsible for the great stories we have published. While he was researching his family history he would copy an article and send it on to us. One Tree Hill will miss Cordell, he was a one in a million who would help wherever he could in the quest to promote One Tree Hill.*





No Job  
Too Big or  
Too Small

Professional Tree & Stump Service

Call Brad for FREE QUOTES

on: 8365 8000

Don't Forget to ask for our  
Special Grapevine Price....

## The Northern Foot Clinic

Heel Pain, Sports Medicine, Aching Feet, Children's Feet  
Ingrown Toenails, Plantar Warts, Orthotic therapy, Mobilisation

*Pain relief today and prevention for your future*

- \* 109 Haydown Rd, Elizabeth Vale (onsite parking)
- \* 16 Adelaide Road, Gawler (onsite parking)

DVA, Hicaps. Medicare (GP approved only)

8287 3888

Learn to accept the reality of yourself as someone with strengths and weaknesses who will have some good days and some bad days.







# ONE TREE HILL GRAPEVINE

## CFS REPORT NOVEMBER 2013

### Incident Report



The incident list this month includes four vehicle accidents which proved minor in nature and a number of small grass fires that were easily contained. The windy conditions caused tree down incidents.

As everyone will realise the vegetation is quickly drying off and if you carry out a burn off or slash grass the danger of a grass fire starting and getting out of control will be REAL.

**If you intend to carry out the above two activities in the next month, we urge you to pick the day (weather-wise, cooler and little wind) and if you are slashing grass conduct in the morning when dew is present.**

**The Fire Danger Season for Mount Lofty Ranges starts on the 1st December 2013  
and will finish on the 30th April, 2014.**

## **Spring has finally arrived and Summer is on the way!**

Preparing your property for bushfire attack should start well before the fire danger season begins.  
There are measures that can be taken; here are some.

- a: Slash or mow long grass and remove cut material within 20 metres of the home.
- b: Remove weeds around sheds and fences.
- c: Cut back trees overhanging the roof.
- d: Remove fallen branches and other debris.
- e: Check and service all mechanical equipment, including grass cutters, water pumps, sprinkler systems and fire extinguishers.
- f: Remove leaves from gutters.
- g: Review and update your Bushfire Action Plan.



Our next fire season's hazards have already begun to surface.

Are you bushfire ready? Prepare. Act. Survive. For more information visit [www.cfs.sa.gov.au](http://www.cfs.sa.gov.au)



**For general information please contact OTH Duty Phone on 8280 7055**

**You can also visit the CFS website or phone 1300 362 361**

## **Councillor's Report November 2013**

Please except my apologies not having a report last month and for the lack of content in this month's report. Unfortunately I have spent some time in hospital and the recovery has seen me miss some Council meetings. However, I am pleased to say that I am on the mend and that all has gone well with my hospitalisation.

I attended one meeting of which I am the Presiding member and am pleased to say that the grant sought by the Progress Association to facilitate the ANZAC Day commemorations was recommended for approval at the whole amount, unfortunately at the time of writing this report full Council has not met and therefore I cannot guarantee that the grant will be approved but will be very surprised if it is not, so I take this opportunity to congratulate the Progress Association for its continued excellent work with the ANZAC Day commemorations and also thank Council for its support both monetary and in kind.

There has been some talk that Blackspot Funding has been approved for the Kersbrook Road intersection for a staggered intersection, unfortunately this is not the case, however I will continue to pursue any avenue that can help make this intersection safer.

I hope to have a more detailed report next month.

Your local politicians can be contacted via email at, for MP Michael O'Brien, [napiers@parliament.sa.gov.au](mailto:napiers@parliament.sa.gov.au) and for Nick Champion MP, email [Nick.Champion.MP@aph.gov.au](mailto:Nick.Champion.MP@aph.gov.au). If you have any concerns or issues with or about our City, please in the first instance phone **8256 0333** and or **send your e-mails to [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au) and cc to [crfederico@playford.sa.gov.au](mailto:crfederico@playford.sa.gov.au)** this will ensure that council sees your concerns and then forwards your e-mails on to me. If you are uncomfortable with council viewing your comments then please e-mail me at [jfederico@internode.on.net](mailto:jfederico@internode.on.net) if subsequent to that approach you do not receive a timely or satisfactory result please feel free to contact me personally. However, I cannot guarantee that I will be able to get any better results but will at least have council reassess their position and provide an explanation as to their resolve and in some cases if not most, reach a compromise that is acceptable to all parties concerned. Council's 24 hour phone number is **8256 0333** for all your enquires and or requests. Remember to get a Customer Reference Number (**CRS**) to ensure registration and easy identification of your communication.

**Cr Joe Federico Fax: 8280 7963**

**Phone: 0417 016 164**



**"PAST IS A WASTE OF PAPER, PRESENT IS A NEWS PAPER, FUTURE IS A QUESTION PAPER, SO READ AND WRITE CAREFULLY ... OTHERWISE LIFE WILL BE TISSUE PAPER" !**



*Get involved with your community*

**Volunteers are always needed at OTH Progress. We would love to hear from you if you would like to be part of a great team.**

# SPOTLIGHT ON THE MARKET

## Meet Eric Wegner

Eric has been attending the One Tree Hill Country Market for only 4 months and already he is impressed with the quality of goods for sale on the many stalls.

He enjoys coming along to sell his beautiful wooden cutting and heat boards and other odds and ends.

On a trip to Queensland a number of years ago he saw boards for sale and thought that he would like to have a go at making them as he was an apprentice joiner many years ago and had experience with working with wood.

Eric says that if people want a particular size board he is only too happy to make it for them. Order time is approximately 2 weeks.

Come along and say hello to Eric, he is in the main hall near the entrance, you really can't miss him and his huge display of boards that he has for sale.



## Meet Pat and Gill

Pat and Gill are best of friends and began coming to the market approximately 5 months ago so they too are relative new comers.

They sell a variety of goods including novelty towels, baby bibs, embroidery, sweet tooth goodies plus assorted bric-a-brac and clothes from time to time.

Pat and Gill developed an interest in machine embroidery several years ago. With their great sense of humour they have certainly come up with some great sayings on their bibs and towels. People when browsing always walk away with a smile. If you are looking for something quite unique then this is the place to come or if you want to personalise something then Pat and Gill are willing to do it.

Pat and Gill's stall which is located just inside of the main hall is always crammed full of goodies so make the effort and have a browse, you never know what you will find.

They have a good variety of treats for anyone with a sweet tooth and there are samples there to try before you buy.



## Christmas Twilight Country Market

### Friday 20th December 3.00 - 8.00pm



The One Tree Hill Country Market will be holding a Twilight Country Market on Friday 20th December from 3.00 - 8.00pm.

It is a Friday afternoon-night so perhaps those of you who normally are not able to attend the regular Saturday market will be able to come. Come along and see for yourself what the stall holders have for sale, you'll be amazed at the quality and variety.

The market is continuing to grow with plenty of stall holders having a variety of goods for sale. You name it, they probably sell it.

Father Christmas will be in attendance with lollies for the kids, FREE face painting and other activities to help celebrate the festive season.

There are a few vacancies for the Twilight Market outside so if you are interested in having a stall please phone the Market Coordinator Bev on 0448 208 338





EVERY Car. EVERY Part. EVERY Day.

**BEST PRICE  
EVERYDAY!**

IF YOU FIND A LOWER PRICE ON AN  
IDENTICAL ITEM, WE'LL BEAT IT BY **10%!**

**30 years on, and we're still  
proudly SA owned & operated.**



**SIGN UP AND BECOME A SPRINT CLUB VIP MEMBER  
TO RECEIVE A FREE VIP KEYRING + PROMOTIONS\***

\*SPRINT VIP - Receive exclusive VIP offers & product promotional  
SPECIAL PRICING - Receive 5% off purchase\* at Sprints when you show your keyring  
CATALOGUE RELEASES - Preview upcoming catalogue releases via our members area  
MEMBER PROMOTIONS - Be the first to know about sponsored events & venues.

For your nearest store visit [www.sprintautoparts.com.au](http://www.sprintautoparts.com.au)

# TIMMEL PLUMBING SERVICES

**CALL A LOCAL**

**DOMESTIC - COMMERCIAL - INDUSTRIAL**

- General Plumbing & Maintenance
- Hot Water Repairs & Replacements
- Drain Cleaning & Camera Inspection
- All Septic Tank Installations
- We can also do \* Retaining Walls
- Concrete Work
- Earthworks



**Call Tim**

**0419 550 497**

Lic. BLD179279

**ONE TREE HILL**

**8280 7020  
GENERAL STORE**

**UNDER NEW MANAGEMENT**

**COME IN AND TRY**

- ★ Our range of freshly cut smallgoods including Ham, Salami, Fritz, Cacciatore & Prosciutto
- ★ Freshly Brewed Coffex Coffee
- ★ Bacon & Eggs for Breakfast
- ★ Premium Quality Scotch Fillet Steak Sandwich or Burger
- ★ Premium Quality Hamburger
- ★ Pre-order your Dinner, Roast Chicken, Ravioli and Spaghetti

Look out for our new lines  
& new look coming soon



Come in & meet our friendly staff,  
grab some fuel & maybe join in our Xlotto  
House Syndicate

(remember to always gamble responsibly)

**Our Trading Hours:**

Monday to Saturday 7.00am - 7.00pm  
Sunday 7.00am - 5.00pm, Public Holidays and  
Easter Saturday 9.00 - 4.00pm  
Closed: Xmas Day, Boxing Day, New Years Day,  
Good Friday, Easter Sunday, Easter Monday.





**OUR VISION**

*"People of Faith sharing God's Love as we Worship and Serve in the Community"*

**SUNDAYS - 10.00am**

**Sunday Service & Sunday School**

Visiting children are welcome to attend Sunday School which takes place during the Service.

**SMYG (Sunday Morning Youth Group)**

Meet every Sunday at 10.00am with their leader.

**MONTHLY FELLOWSHIP MEETINGS**

Meetings are held on the 4th Wednesday each month at 10.00am, starting with Morning Tea, then a short meeting followed by a Guest Speaker at approximately 11.00am.

**PROGRAMME**

**Wednesday 27th November**

Morning tea at 10.00am followed by Christmas devotions.  
**Everyone Welcome.**

**CAROLS IN THE GARDENS**

**SUNDAY EVENING - 22nd DECEMBER**

Further details in next month's edition of the Grapevine.

**AL-RU FARM OPEN GARDEN**

The two Open Garden days were very successful with more than 1000 visitors to the gardens. This made it a very busy time for our members who provided lunches and morning and afternoon teas. The gardens as usual looked absolutely beautiful - a credit to Ruth and Alan Irvine.

**LIGHT A CANDLE FOR YOUR LOVED ONES**

**SUNDAY 24th NOVEMBER 4.00pm**

A memorial service will be held in our Church for those who have lost loved ones.

Keep this date free if you would like to attend with family and friends for a time of reflection, and light a candle in memory of your loved ones.

Tea and Coffee will be served afterwards, with the opportunity to share your memories.

**If you would like further information on any of the Uniting Church activities please phone Maureen on 8280 7368**

**Horse Care - Saddle Fitting 4: Putting it on the horse**

Saddle cloths are not for making saddles fit. They are to keep the saddle leather free of horse sweat. Thick cloths lift the saddle up and make the rider more unstable. If the saddle does not fit, they can fill the gaps and make it tighter. With a well-fitting saddle, and an old or bony horse, thicker cloths can be useful, by replacing some of the muscle that should be there to carry the saddle off the spine. But the saddle must fit. Synthetic saddles need cloths as they are uncomfortable against the horse's skin. Again, thin is good. A towel is excellent, but I acknowledge they are not "pretty".

Horses that object to being saddled may have a nerve that is being pinched. Get a physio or chiro to check the area behind the wither. Also, try a shaped girth with elastic. The wider, shaped girths reduce pressure on the problem nerve. Do not pull the girth too tight. Some horses have a dip at about the elbow. If you try to pull it up to remove this gap, the pressure at the breastbone (under the chest) will be way too strong. Check the tension at the breastbone. You should be able to just slide your hand through between skin and girth. The elastic should not be stretched when doing it up. The stretching happens when the horse breathes in.

When saddling, put the saddlecloth and the saddle well forward. I put the cloth on the neck, stand the saddle in front of the wither, on its pommel, sort out girth and right stirrup, then tip it backwards until it is laying on the horse. Then slide the whole affair backward until the front of the saddle skirts (knee pads) are behind the shoulder blade of the horse. By standing the saddle on its pommel, I do not have to sort out girth and stirrups until after I put the weight down.

After pulling the girth up until firm, not tight, go to the other side of the horse and take up another hole or two. Pulling up on both sides helps ease the pressure, avoiding a "chinese burn" on the skin and muscle. Take him for a short walk, 3 or 4 steps is enough. Pull up another hole if possible. If you follow this procedure, it is unlikely he has blown up. He can't hold his breath that long. So instead of having to pull hard against a resistant horse, you change sides and do it slowly and he relaxes and saves you work. If your horse is used to being made uncomfortable, it will take a few saddlings to get him to trust you and relax.

When you are sure it is firm enough to mount, walk him to your mounting area, check the girth again, pull up if you need to and swing up.

Yeah, yeah, I know. This takes too long. If you want to, you can drop the saddle on about the right place, rip the girth up tight, jump on, and have a miserable horse for the ride. Partner or slave? The choice is yours.



**If you have any horse query for Julie please email the Grapevine.  
Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)**

**Crime Report – ONE TREE HILL Rural Watch – Offences reported between 18th September and 14th October. 2013**

**18th September Daylight Hours**    Serious Criminal Trespass-Residential    Shillabeer Rd, SAMPSON FLAT  
Entry gained by smashing/breaking door. House and shed broken into - numerous items stolen - would have required ute/van or trailer to remove all items.

**18th September Daylight Hours**    Serious Criminal Trespass-Non Residential    Shillabeer Rd, SAMPSON FLAT  
Shed broken into and tools stolen.

**Between 27th Sept and 10th Oct**    Property Damage    McGilp Rd, ONE TREE HILL  
Window smashed on classroom building at school.

**27th September Overnight**    Property Damage    Yelki Road, ONE TREE HILL  
Farm equipment (tractors) damaged and fuel stolen.

**3rd October**    Arson of Motor Vehicle    Medlow Road, ULEYBURY  
Vehicle stolen from Smithfield - dumped and burnt out at above location.

With the onset of spring and the potential for a dangerous fire season ahead please commence to prepare your properties to ensure they are adequately protected over the summer months.

Please continue to take note of what is happening in your local area and become involved by way of writing down registration numbers of vehicles which appear 'out of place' and 'loitering' in an area which to you seem unusual.

As always if you have any information to assist with any crime issues in the area  
please phone Police Communications on **131 4444**



## **WOMBAT'S**

- \* Bobcat & Tipper Service
- \* Excavator 4.5 tons
- \* Pig trailer & tipper (24tons)
- \* Concrete/Pavers prep & removal
- \* Post hole boring (350mm-450mm)
- \* Trench hole digging to (1200mm)
- \* Shed site prep
- \* Rainwater tanks prep
- \* Driveways
- \* Stock burial
- \* Civil work
- \* Retaining wall prep
- \* Roller work



Keep it Local Phone:  
John Mancone

**0417 456 656**

Uleybury

## **E & A Vanin**

### **LOCAL PLUMBING SERVICES**

#### **DOMESTIC-COMMERCIAL-INDUSTRIAL**

- General Plumbing Maintenance
- New Homes & Extensions
- Drains & Stormwater
- Bathroom Renovations
- Hot Water Service Changeovers

**REGISTERED MASTER**  
**PLUMBER**

**EDDIE VANIN PROPRIETOR**

**M: 0412 394 689**

**Home/Office 8280 7970**



ABN 48 135 136 838

# JARRAD SAGE

Director

## 0406 532 396

**SAGE** Painting Services

12 Tenafeate Crt  
Yattalunga SA,  
5114

# TELESIGNAL ANTENNA SYSTEMS Pty Ltd

Government Endorsed TV

Antenna Installer

- Digital TV Antenna Installations
- Extra TV Points
- Digital Box Set Up & Tuning
- Tune & Set up TV, Video, DVD's & Blu-ray
- Pay TV Cabling
- Watch Foxtel in any room with a Pay TV System

Call for a FREE Quote Today, Local Resident

Ph: Ian George 0417 809 403

Email: [telesign@bigpond.net.au](mailto:telesign@bigpond.net.au)

Website: [www.telesignal.com.au](http://www.telesignal.com.au)

## NCPS INDUSTRIAL

Pumps, Generators, Hose & Fittings  
Servicing the One Tree Hill Area



Present this  
advertisement for  
15% off  
recommended  
retail price on  
DAVEY household  
pressure, sump &  
pool pumps also  
MEDO septic air  
blowers



U2, 1445 Main North Rd,  
Para Hills West S.A. 5096  
Ph: 8285 2344

Email: [sales@ncpsindustrial.com.au](mailto:sales@ncpsindustrial.com.au)

Web: [www.ncpsindustrial.com.au](http://www.ncpsindustrial.com.au)

(Opposite Bunnings Parafield)

## PROPEST 1800 24 22 21

management services

### We Service any Pest No Problem!

- \* Termite/White Ant Removal
- \* General Pest Control
- \* Free Site Assessment
- \* Termite Baiting Systems
- \* European Wasp & Bee Removal

\* Existing and Pre Purchase Property Inspections

[www.propestcontrol.com.au](http://www.propestcontrol.com.au)

PO Box 193

One Tree Hill, SA 5114

AS/NZS ISO 9001:2008  
QUALITY CERTIFIED COMPANY



Don't fear pressure,  
for pressure  
is what turns  
rough stones  
to Diamonds





# One Tree Hill

## REAL ESTATE

*We offer the choice of a "NO RISK" fee structure. However, our vendors usually don't choose this option as they realise it is by far the dearest option when they sell and it only saves a few hundred marketing dollars if for some reason they don't sell. They understand that if they intend to sell, our normal fee structure is by far the cheaper option.*

**If you are looking for:**

**The Number 1 selling agent in the One Tree Hill Area?**

**The best price, in the shortest timeframe at the lowest cost?**

**A long term local farmer with in-depth knowledge of the One Tree Hill area and numerous buyers on my books looking for that right property?**

**All the personal attention you need to sell successfully?** (When you list with me I personally conduct all viewings and follow through till settlement. I never hand over to another less experienced/junior person).

**Give me a ring to organise a no obligation, no cost appraisal. We can chat about your selling plans, how best to realise them and the most cost effective marketing campaign.**

**I also offer a FREE service at the time of appraisal or before going to market to help you decide how best to improve/present your home to gain the top outcomes you are looking for.**

**Take advantage of Spring & low interest rates! SELL NOW!!**



**258 Alexander Ave  
Bibaringa**  
Exquisitely presented, Cape  
cod style home on approx 11  
acres. 4 bedroom, 2 bath-  
room 2 living areas.  
**\$599,000**



**11 Tongariro Street  
Greenwith**  
4 Bedroom, 3 entertaining  
areas. Huge pitched roof  
pergola, Dble gge & 1 car-  
port & large workshop.  
**\$518,000**



**Fay Hull**  
**0407 962 884      8254 4002**  
**fay.hull@onetreehillrealestate.com.au**



**352 Alexander  
Ave, Bibaringa**  
11 Acres,  
3bedroom, 1bath-  
room home.  
**\$559,000**



**MR**  
**AUTO ELECTRICAL**

350 Hampstead Road, Clearview, 5085

Specialising in:

- Auto Electrical
- Stereos & Alarms
- Air Conditioning service & repairs
- Wiring modifications & repairs
- Batteries
- Reconditioned Alternators, Starter Motors & Distributors

Call Callan on **0433 906 058** (Lives locally at OTH)  
or Email: [callan.molde@bigpond.com](mailto:callan.molde@bigpond.com)

## Looking for Roller Shutters?

For a **FREE** Measure & Quote  
Call Your Local Supplier



**ESJ INSTALLATIONS PTY LTD.**

One Tree Hill

Contact Earl on **0409 426 255**

or A/H: **8280 7741**

A1 Quality Workmanship & Materials  
Repairs and Conversions on Existing Shutters

**WE WILL NOT BE BEATEN  
ON PRICE!!**

## ONE TREE HILL POST OFFICE

YOUR ONE  
STOP SHOP TO  
PAY BILLS



ONE TREE HILL



GIFT & POST  
FOR ALL YOUR BANKING,

BILL PAYING, POSTAL NEEDS, GIFTS AND LOTS MORE

PH: **8280 0090** FAX: **8280 0030**

OPENING HOURS: MONDAY TO FRIDAY 8AM - 5PM

SATURDAY 9AM - 12PM

Agents for



SHOP 1B LOT 2 BLACK TOP ROAD, ONE TREE HILL, 5114

## Olympic Boring Contractors Pty.Ltd DRILLING WATER WELLS



Irrigation, Stock and Domestic Bores

Specialized Machinery to Drill up to

250m with Mud, Air & Auger

Call Michael Ferraro - Resident of OTH for 27 Years

**Ph: 0408 847 060**

**Or: 8380 9474**

## RECYLCING - BULKY - GOODS

COLLECTION

FROM \$30 PER ITEM

SKIP

FROM \$80 GREEN WASTE

DROP OFF

FROM \$15 MATERIAL



[www.distribution360.com.au](http://www.distribution360.com.au)

**D3**

**DISTRIBUTION 360** Pty Ltd

**0414 280 891**



Lot 10 Hatcher Court, BURTON SA



# Kids Page

Hello and welcome once again to your pages of fun for the month of November. I am a little disappointed **that we haven't heard from other members of our Kookaburra Club, I know you would have all been busy with** the return of school but it would be nice to make the time to jot a line or two. I hope that I hear from you next month. This month we welcome 3 new members, I hope that they have a story to share with us in the final edition for 2013. Thank you once again for the fabulous stories from 3 of our members, they certainly **lead an exciting life on their property, don't you just love the photos.**

**Don't forget if you have a puzzle, joke or article that you would like to share with other readers send them** in to me and I will do my best to have them printed.

Until next month Auntie Bev.

Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com) or drop me a line at the Grapevine.

Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post Office, SA 5114.



\*\*\*\*\*

## Word Search—School

Words can go horizontally & vertically.

n r e d l o f q c m j n r v  
k f x r p q p n a l r f n k  
s h t a m l e t l o t h d f  
t c h a i r n p c o q t y f  
t w j k h g s g u h l r y k  
e c p z s m c q l c v a m p  
a o e l i j q q a s h g t j  
c m c l l h r b t p o m m n  
h p n n g c x g o g m n b t  
e u e m n m k f r f e h b g  
r t i f e p l l l t w k f n  
z e c c r s k o o b o b q g  
w r s l h d d e s k r n w c  
p l a y g r o u n d k h k t

Art	Computer	Homework	School
Books	Desk	Maths	Science
Calculator	English	Pens	Teacher
Chair	Folder	Playground	

*Well done if you found them all.*

**Q: What kind of car does Mickey Mouse's wife drive?**

A: A Minnie van!



**Q: Why don't traffic lights ever go swimming?**

A: Because they take too long to change!

Q: Why did the man run around his bed?

A: To catch up on his sleep!

Q: Why did the robber take a bath before he stole from the bank? A: Because he wanted to make a clean get away!

Q: What did the tree wear to the pool party?

A: Swimming trunks!

Q: Why did the leaf go to the Doctor?

A: It was feeling green!

Q: What did the little tree say to the big tree?

A: Leaf me alone!



## Weather Jokes

Q: What did the cyclone say to the sports car?

A: Want to go for a spin!

Q: What kind of shorts o clouds wear?

A: Thunderwear!

**Q: What's a cyclone's favourite game?**

A: Twister!



Q: What did one volcano say to the other volcano?

A: I lava you!

Q: What falls but never hits the ground?

A: The temperature!



Q: How do cyclones see? A: With one eye!

Q: What did the cloud say to the lightning bolt?

**A: You're shocking!**

Q: Who does everyone listen to, but no one believes?

A: The weatherman!

Q: What is the opposite of a cold front?

A: A warm back!

\*\*\*\*\*

Q: What did the laundryman say to the impatient customer? A: Keep your shirt on!

**Q: What's the difference between a TV and a newspaper?**

A: Have you ever tried swatting a fly with a TV!

Q: What did one lift say to the other lift?

**A: I think I'm coming down with something!**

Q: Which hand is it better to write with?

**A: Neither, it's best to write with a pen or p**



Q: Why did Mickey Mouse take a trip into space?

A: Because he wanted to find Pluto!

Q: What is it that even the most careful person overlooks? A: Their nose!



Q: Did you hear about the robbery last night?

A: Two clothes pegs held up a pair of jeans!

Q: Why do you go to bed every night?

**A: Because the bed won't come to you!**

Q: Why did Billy go out with a prune?

**A: Because he couldn't find a date!**





## OTH Kookaburra Club



Calling all the kids in One Tree Hill! Do you want to belong to the newest club around? Just email or write to the Grapevine with your name, address and phone number along with your birthday. Perhaps you would like to send in a short story or a joke with your details. There are great awards and a birthday gift for all who join our club.



Not long ago, Hannah Bell had a baby heifer calf. Mummy wanted to call her Camembert, the rest of us thought Caramel would be a good name. Daddy said to **Mummy "It's your cow, you name it what you want to"**. Mummy has called the calf Camembert, probably because she is going to make camembert cheese from her one day.

Last month I told you a bit about the mother goose. The **mother goose's eggs haven't** hatched yet, so maybe the eggs are not fertile. If they hatch, I will tell you about it next month.

Joshua Age 9 Years.

*Congratulations for your winning story Joshua along with the photos. Your Prize can be collected from the OTH Market on the 2nd November.*



We have a baby calf called Camembert. I sit next to Camembert when Mummy is milking Hannah Bell. Sometimes Hannah Bell kicks Mummy.

Hannah Age 5 Years

Now that we are back to school, I get to go to Boys Brigade every Wednesday night with my brothers. At Boys Brigade we have a march at the beginning, we salute the flag and then later on we play some games like soccer and dodge ball. I really enjoy doing Boys Brigade. At the end of the year we get to have a sleepover and we go on a long hike.

At the last night of Boys Brigade whoever has attended the most gets a trophy that they keep with their name engraved on it.

Samuel Age 11



Pictured above are from left, Joshua, Hannah, Camembert, David, Daniel and Samuel.

Thank you for sharing your stories with our readers.



Happy Birthday to Joanna and Abigail who turn 11 years old on the **18th November. Have a wonderful birthday. Don't forget to pick up your card and gift from the OTH Country Market on 2nd November.**

## BANANA BREAD BALLS

This recipe is finger licking good and is incredibly simple to make. It only has 4 ingredients and involves no cooking so it is ideal for the kids to make. This recipe contains only natural sugars, these bites are a yummy, healthier snack for when you need a sugar fix. They also make a great dessert or finger food at a party.

Preparation Time: 10 minutes      Fridge Time: 4 hours at least. Makes approximately 16 balls.

Ingredients:

- |                  |                            |
|------------------|----------------------------|
| 2 bananas        | 1 Cup Almond Meal          |
| 1 Teaspoon Honey | 1 Teaspoon Vanilla Essence |

Mash the bananas with a fork in a mixing bowl.  
Stir through the almond meal, add honey and vanilla essence and combine well.

Using your hands, shape the mixture into small balls.  
Place on a large plate or tray and leave in the fridge for 2 hours.  
Turn over the balls and return to the fridge for at least 2 more hours.  
This will allow the underside of the balls to firm up as well.





# Olympic Boring Contractors Pty.Ltd

## PUMP SALES & SERVICE



Specializing in Design & Installation  
of Submersible Pumps

Supply & Installation of Domestic Pumps,  
Agents for Grundfos and Lowara  
Sales & Pump Service

Over 35 Years of Experience

Call Michael Ferraro OTH Resident for 27 Years

**Ph: 0408 847 060**

**Or: 8380 9474**



**Local Electrician**

**All Electrical Work**

- Sheds and Carports
- Switchboard alterations and upgrades
- Bores and Pumps
- Security Lighting
- After Hours Call Out Service
- Friendly, Reliable Service
- FREE Quotes

Call Cosi Puccini on

**0421 773 673**

Email: [cosipuccini@bigpond.com](mailto:cosipuccini@bigpond.com)

Lic-PGE 177700

ABN-94 535 175 644

**DOMESTIC**

**COMMERCIAL**

**INDUSTRIAL**



# Just NISSmaz

**NEW, USED, RECO PARTS**  
Cars, Commercials & 4WD's



CAPRICORN  
SECURITY SOLUTIONS  
Commercial Insurance

**Ph: (08) 83591444**

[nissmaz@neonet.com.au](mailto:nissmaz@neonet.com.au)

# JUST WRECKING

ABN: 83 092 676 338

**STUART**

**TOYOTA'S**



**PHONE: 8359 4499**

**FAX: 8359 4500**

Corner of South Rd & South Terrace, Wingfield, 5013

**KAMCHEYENNE LIMOUSIN**



**BUY YOUR BEEF WITH CONFIDENCE !!**

**17 Kg MEAT PACKS for \$200 delivered to your door**

NO added chemicals, NO antibiotics, NO hormone growth promotants,  
NO added colourings, water or preservatives

**Includes: 8 Kg total of**

Porterhouse / T bone / Scotch / Eye fillet / Rump / Topside / sliced thin Schnitzel / Minute steak  
and stir fry cuts including Y bone and Bolar

**and 9 Kg total of**

Lean Limousin Mince (Heartsmart quality or better), Limousin Sausages, our delicious  
marinated Spare Ribs and some casserole steak

**WE GUARANTEE**

**HEALTHY, CLEAN, LEAN, TENDER and LOCAL YEARLING BEEF**

We are still selling our sides of beef for those of you with the storage capacity and this is still  
the most cost effective way to buy it.

Ring Sarah 0402 099 106 or John 0427 131 018

Or Email us at [jpopow@senet.com.au](mailto:jpopow@senet.com.au)

**You can now follow our stud cattle activities on facebook - Kamcheyenne Limousin**



# Rob Green Security

**Servicing, Installation, Monitoring  
Your Local Technician**

**Ph: 0419 398 346**



## Senior Citizens

If you are over 50 years of age you are welcome to attend the OTH Senior Citizens. It is held each Tuesday afternoon at the One Tree Hill Institute, starting at 1.30pm and finishing at 4.00pm.

There is a variety of activities to join in with, including carpet bowls, cards or just a general chat.

Please feel welcome to join them if you are new to the town or you want to make new friends.



## SEPTIC TANKS PUMPED OUT

*For good old fashioned service call*

**8283 3656**



**SEPTIC  
PUMPING  
SERVICES**

*Email: [septic1@bigpond.com](mailto:septic1@bigpond.com)*

*Web: [www.septicpumpingservices.com.au](http://www.septicpumpingservices.com.au)*

## LOW STRESS CATTLE HANDLING

Cattle are herd animals – this means they feel safe when they are with their group and if stressed the flight or fight instinct will kick in - ALWAYS.

Cattle also have what is called the flight zone – if we position ourselves in front of the shoulder, the animal will stop moving, if we position ourselves behind their hip bone and out slightly to one side they will go forward.

No matter if you own 2 or 202 cows, if you understand these few basic things then moving cattle becomes a whole lot easier.

For the small operation we strongly suggest making movement a part of their weekly routine. Cows love food which makes getting them into a routine a very easy thing to do. You can use hay or cattle pellets, grain etc.

Place the feed where you want them to go (if you have yards or a small paddock it is a good idea to get them used to going there). Then in the case of needing veterinary assistance or sending them off in a trailer the yards will no longer be a scary place to be.

Call your animals - get them used to your voice, have someone walk in front of them guiding the direction you want them to go and depending on the number of cattle 1 or 2 people quietly walk behind the mob to pressure the movement forward. (motorbikes, dogs or people yelling at them will only trigger the flight/fight response). Once you have the cattle where you want them let them eat quietly and wander off in their own time or reverse the procedure and take them back to where they came from or into another paddock.

\*\*\*\*\*

**You can now follow some of our show preparations and cattle activities at Kamcheyenne Limousin facebook.**

**Article submitted by Sarah Popow of Kamcheyenne Limousin**

### MORE TIPS TO MAKE IT EASIER

NEVER try to split one animal out of the herd in the paddock - take them all to the yards or a small area and then split off the animal you need to separate. If you need to keep an animal in a yard overnight or longer keep the rest of your cows in view or leave a companion animal with them. You will be surprised the lengths some will go to, to get back to their mates.

Excessive noise WILL cause problems.

Try not to 'hunt' or 'shoo' animals when applying pressure - sticks of poly pipe etc are really not needed - other than to seem like an extension of your arm. (and not to be used for hitting) Think about your position at all times in relation to the cattle (if they are not moving perhaps you are in the wrong spot, don't forget the flight zone).

**YOUR ATTITUDE IS EVERYTHING** - one big thing that I have learnt over the years is getting angry, flustered and upset will NOT assist - in fact your attitude is VITAL to successfully moving herd animals. Stay calm, if they don't go where you want, quietly reposition yourself and try again - As long as you stay calm, they will too. When we apply pressure to move an animal we must remember to release it. If they are doing what you want then you don't need to be so forceful with body language etc. but stay alert as things can change quickly and you need to be ready to up the pressure when needed.

**LASTLY** - Your safety is paramount, cattle are rarely aggressive but they are big and at times quite clumsy. Stay aware of your position and always have an escape route planned, don't box yourself in. Aggression is mainly triggered by stress i.e. fight or flight - both of these responses increase the chance of injury to us. CALM CATTLE are a joy to work, with a bit of thought for the herding instinct and how our attitude can affect this, it can be an easy enjoyable process.





# Birdwood Pump & Irrigation Services

Now Servicing the One Tree Hill area

We Specialize in  
Agricultural Bores, Pumps & Irrigation  
All Makes & Models Available

Call David  
0438 685 089



Agents for Grundfos Sales

# COMPLETE **HIRE** Equipment & Trailer

KANGA LOADERS - BOBCATS - EXCAVATORS

TRAILERS ALL TYPES INCLUDING TIPPERS



HORSE FLOATS

TRUCKS & TRADIE GEAR

EARTH MOVING REQUIREMENTS  
\* CARTING \* SPREADING \* RUBBISH REMOVAL

Phone: Jason

on 0418 823 287

Email: [completehire1@bigpond.com](mailto:completehire1@bigpond.com)

Web: [www.hiregawler.com.au](http://www.hiregawler.com.au)

Lot 10 Paxton Street, Willaston

ABN: 51 008 178 979

WE CAN  
DELIVER!

## Country Estates

Your Hills & Country Real Estate Specialists

# NEW OFFICE

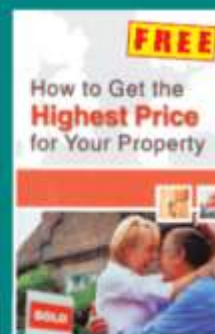
Shop 2 Lot 2 One Tree Hill SA 5114

**PH 8280 0033**

We are excited to announce that due to our growth through providing our clients with 'Risk Free' selling solutions we are establishing a new office at One Tree Hill.

Providing the Highest Standard of Ethics & Service

[www.countryestates.com.au](http://www.countryestates.com.au)



A book that could  
make you  
THOUSANDS  
of dollars.

**Yours FREE**

This book shows how to present your property for sale and gives you tips on how to select, and work with, a real estate agent.

Whether you are an experienced property seller or a novice, this book could make you THOUSANDS of dollars.

It's yours FREE - no charge or obligation.  
Contact us now and we will send you a copy.

ONE TREE HILL from \$290,000 ONE TREE HILL \$597,000



ONE TREE HILL \$369,000 ONE TREE HILL \$569,000





## Steven O'Connor

**Naturopath, using Herbal and Nutritional  
Remedial Massage Therapist  
Dip App Sc(Ag), Adv Dip W Herb Med, Adv  
Dip Nut Med, Adv Dip Nat, Dip R Massage  
For chronic pain and alternative medicine  
using herbs and nutritional medicine  
Health Rebates Apply**

**Kilberin Cornishmans Hill Road**

**One Tree Hill S.A 5114  
82807003 0407820422**



### GREEK ALMOND BISCUITS

These beautiful biscuits were made for the Progress Association meeting. Carol from the Uniting Church made the biscuits and they were a huge hit so she passed on the recipe to publish.

**Ingredients:**

**3 Egg Whites (either 3 small or 2 large)**

**2/3 cup of Castor Sugar**

**3 cups of Almond Meal**

**3 drops of Almond Essence**

**1 cup of Flaked Almonds**

**Method: Preheat oven to 180°C.**

Combine almond meal, sugar and almond essence in a large bowl. Add the lightly beaten egg whites and stir until the mixture forms a firm paste.

Roll level tablespoons of the mixture into the flaked almonds, then roll into approximately 8cm logs. Press on the remaining almonds. Shape the logs to form crescents. Place on baking paper lined baking trays and bake for about 15 minutes or until lightly browned. Cool on trays.

You can sprinkle sifted icing sugar over these biscuits if you wish or perhaps drizzle with made up icing sugar. The biscuits can be made a week ahead. They are also suitable for a gluten free diet.



## "ADELAIDE NORTHERN VETERINARY GROUP"

**Drs. ALAN & ROBERT IRVING, B's.V.Sc**  
Modbury—Salisbury—Elizabeth East—Elizabeth Park

**Ph: 8280 7353 or M:0419 806 213**



**www.adelaidenorthervet.com.au  
Email: alanirving@internode.on.net**

## FARM MACHINERY

- \* Slashers (5' and 6')
- \* Backhoes
- \* Wood Chippers (3PL)
- \* Tow Along Mowers (ATV/4WD)
- \* Rotary Hoes (6')



**Stock at Hand  
& Orders Taken**

**Local Sales for Small/Medium Farms**

**Direct Importers, So Great Prices Ph: 0406 382 342**

**www.safarmequipment.com Uleybury**

*Body*

*Massage*

*& True  
Health*

### **Ann Consadine**

*Dip. Rem. Mass, Cert IV in Fitness, Rehab Trainer, Chiball Instructor  
Remedial Massage, Workcover Provider, MVA Provider, Hot/  
Cold Stones, Cupping, Personal/Group Fitness, Boot Camps,  
Chiball Classes, Rehab Fitness Classes, Nutrition Advice.*

**Lot 25 Toolunga Road, Yattalunga SA, 5114**

**Phone: 0412 875 998 or 8280 7354**

*Health Funds Rebate Available*

## "ADELAIDE NORTHERN VETERINARY GROUP"

**Drs. ALAN & ROBERT IRVING, B's.V.Sc**  
Modbury—Salisbury—Elizabeth East—Elizabeth Park

**Ph: 8280 7353 or M:0419 806 213**



**www.adelaidenorthervet.com.au  
Email: alanirving@internode.on.net**



## HALF-DAY TOUR - TRIP TO GOLDEN GROVE Automobile Association Advice

A pleasant half-day trip is described this week by the touring department of the Automobile Association of South Australia through One Tree Hill, Sampson Flat, and Golden Grove, returning to Adelaide by way of the North East Road.

Begin by taking the Enfield Road out of Adelaide, and follow the Enfield tramline to its terminus. A little farther on at Gepps Cross, where the road forks, a sign post will be seen directing to Gawler. Bear to the right, following this road for another 11 miles, passing over the Little Para and continuing to the Smithfield Speedway Track.

Turn to the right at the end of the Speedway, taking the One Tree Hill Road, which carries a telegraph line. Take the second turning to the right down this road, which is about a mile from the main road, turn off and then take the first on the left, still following the telegraph line, which will take the tourist to One Tree Hill.

Bear right at the far end of the township and continue on for about a mile to the junction of three roads, where some tennis courts will be seen on the right. Turn to the right here past the tennis courts and a mile farther on bear to the right, and another mile on bear to the left.

A short distance past this point the road again bears to the right, and a long climb is commenced over the range. This road is steep and rough in one or two places but may be negotiated without difficulty providing care is exercised.

On reaching the top of the hill ignore the turn off to the left and run straight ahead, and about a mile and half farther on Golden Grove will be reached. Again ignore left and right turn offs, take the road straight through the township and continue for three and a half miles, when the Main North-east Road will be reached. It is a bitumen track. Turn to the right here and pass through Modbury, continue toward Adelaide through Walkerville.

*Goodness, we are so lucky these days to have a GPS to guide us, it would have made things very difficult if you had to follow the above instructions! Hope you find it interesting reading.*

**Thank you and farewell Cordell.**

*The map below is from 1912. We thank Daina from the City of Playford Library for her help in locating the map.*

*Daina has also given us instructions for the current road names. It is as follows: Main North Road, to just before Smithfield, turn right at Uley Road, then right at Adams Road, left at Yorktown Road, then left onto Black Top Road. Drive through One Tree Hill until you reach Crosshill Road, then right onto One Tree Hill Road. Follow this until you drive through Golden Grove onto Golden Grove Road.*



**A speedway bike from 1912, Photo for illustration purposes only.**



**The car that they would have been travelling in would have been similar to this.**

## MANY HANDS MAKE LIGHT WORK

The One Tree Hill Chilean Needle Grass Community Group are holding several Working Bees on Saturday mornings throughout November. These involve assisting local landowners to identify and target CNG plants on their properties. The group are seeking volunteers who might like to join in.

**A Great Way to Practice:**

- ◆ Recognition Skills
- ◆ Control and Disposal
- ◆ Weed Hygiene



These working bees are short, fun and local. Participate in one or several and help your local community.

**For further information please call      Tracey Harwicke      8523 7713  
or Dean Whitehorn      8280 7680**



# ONE TREE HILL FODDER & RURAL SUPPLIES

Shop 4/9 Black Top Road,

One Tree Hill

**Ph: 8280 7680**

Hours of Trade:

Monday to Friday 7.30am to 6.00pm

Saturday & Sunday 9.00am to 4.00pm

\* The breeding season is in full swing and we have a large selection of birds to choose from. Baby ducklings, Isa Brown chickens in lay, this seasons goslings, Australorp chicks, Sussex chicks, Plymouth Rock chicks. We have baby turkeys coming (no good for Xmas), a trio of adult Aylesbury ducks, Sebastopol Geese plus a huge variety of chicks ex out incubators in 2 weeks or so.



\* Time to Clean up the place for Summer so we offer Chainsaw Cleaning, Sharpening, Oil, Cans, Mixing, New Chains, Sharpening Stones, Sharpening Tools and Safety Glasses.



\* Want to make sure Rover or the cats have water during Summer? What about a waterer connected to a tap on a small valve system?



\* What about the stock and horses? Polymaster troughs - round and rectangular with float valves in stock. In paddock or in fence line, hang on posts as well. Special round 200 litre plastic with valve and bung at last years price of \$295 !!!!



\* Quad bike spray packs 98 litre with broadcast spray system and spot spray. UV resistant, spray wand with 3 metre hose, 12 volt system \$430 all up.



\* Cements, Concretes, Speed Set, Masonary, Lime, Brightonlite all Adelaide Brighton products at very competitive prices.



\* Garden tools rusted over Winter - we have a large range of Cyclone tools to make your life easier.

Email: [sales@onetreehillfodder.com](mailto:sales@onetreehillfodder.com)

\* Neutrog Potting mix, 80 litre \$18 plus Rapid Raiser, Blade Runner, Seamongus, Sudden Impact for Lawns and Sudden Impact for Roses. Bedding/Garden hay back in, Pea Straw mulch, Sugar Cane Mulch 65 Litre Amgrow Premium Potting Mix \$11.50, 35 Litre Premium \$8.



\* Creosote is very hard to get but Green CCA pine is available in all sizes of posts, rails. What about 6 metre long 150mm by 38mm CCA treated rails for \$30 each? Want that Creosote look or sprucing up the old fence? Yes 20 litre Creosote in stock.



\* Yes, we stock woolpacks, back liner for sheep, pour on cattle drenches, wormers, vaccinations for sheep and cattle and deer. All the tools to get those stock jobs done like elastrator rings and applicators, back line guns, oral drench guns, coloured sprays for identification. Fly strike powder, fly strike aerosols, fly repellent mixtures, open wound sprays, bandages and poultices.



\* Dog food like Advance, Royal Canin, Uncle Albers, Bonnie, Proplan, Supercoat, Cobber, Coprice, Great Barko and Chum. What about some special brands like Eukanuba, Blackhawk, Eagle Pack, Iams??? We get these in fresh from our wholesalers on a daily/weekly basis. What about dog food meat packs in sealed plastic tubes that don't need refrigeration?



Sabine and Dean thank all customers for their continued support. We will continue to offer a wide range of goods at competitive prices and be open 7 days each week. We also welcome your feedback about stock or range and will do our best to accommodate.



# HEAD LICE

As we approach the warmer months head lice seem to make an appearance in our kids. No matter how much we try to avoid them they seem to make their appearance known in the spring/summer period. Even when you arm yourself with that smelly caboodle of lice shampoo the truth of the matter is that no matter what you do you are still dependent on other parents keeping their children lice free.

Pharmacists are saying that the lice are becoming more resilient to the shampoos on the market. Of course once you have cleared out all living louse inhabitants on your child's head all it takes is one louse to start the warfare all over again.

Lice are not dangerous and they don't spread diseases but they are a huge expense on any household. Most shampoos cost from \$15 and of course there is the extra washing to be done as beds need to be stripped and cleaned properly to ensure that all signs of the lice are gone including their eggs. Below is a solution that you can make up yourself and have on hand if your children come home with an itchy scalp.

- 1 Bottle of pyrene foam (bought from Coles for about \$8)
- 1 Bottle of cheap conditioner (Cost about \$2)
- 1 Shower cap
- 1 Old towel
- 1 Towel (to dry hair at the end)
- 1 Lice comb
- 1 Small bottle of tea tree oil.



**Method:** Wash your child's hair with lice shampoo but if it says leave in hair for 10 minutes, then leave it in for 20 minutes. Wash out the lice shampoo and lather your child's hair with conditioner. Put a lot of conditioner on the hair, the more there is the better.

Leave this in the hair for about 1 hour. Cover your child's head with a shower cap to help with the process.

Use a louse comb to comb through the hair and conditioner. You will need to use an old towel to wipe the comb each time you use it.

This has been found to be the most successful method to date. Most kids remain lice free and to ensure it remains that way, put a little tea tree oil around the edge of the hair on the forehead, ears and back of the neck. Tea tree oil can be a bit pricey but it can prevent the same thing happening again.

Another tip is to rinse hair in 1/3 cup of brown vinegar mixed in 2/3 cup of warm water but this must be done each time you wash their hair.

Don't forget to wash bed linen, car seats, lounge suite headrests etc. that are made of material as lice can hide in there too.

*Good luck with the kids this summer!*



## How to Clean and Season Old, Rusty Cast Iron Skillets

**What you need:**

The end chunk of a potato (enough to be able to hold firmly)

Coarse Salt

A rusty cast iron skillet

A little vegetable oil (canola or olive oil is ideal)

**Directions**

1: Set your cast iron skillet in the sink and sprinkle a teaspoon or two of Kosher salt onto the bottom.

2: Grab the piece of potato and scour the skillet, grinding the salt into any rusty or crusty spots. As you work, rinse off the skillet (and rust) and add more salt if it requires more scrubbing.

3: Once all the rust has vanished (Hooray) dry your skillet with a clean towel.

4: If you don't need to re-season your skillet, just add a few drops of oil to its surface. You can be generous with the oil as it will be quickly absorbed into the skillet.

If it needs to be seasoned, heat the pan and then pour the oil over the skillet and rub into the surface while it is still hot, it will be ready to go for your next cooking adventure.



**Caring for your skillet.**

Never, ever, wash your skillet with soap again.

Don't even let a drop near it. The soap will wear off your fresh coating of oil and it will likely make your next meal taste a little sudsy. After you finish cooking with your skillet, immediately rinse it out to remove any burned on bits. If you need more scrubbing, let it cool, then use salt and a coarse scrubbing pad to get rid of burned bits. Don't let your skillet soak for long periods of time and NEVER put it in the dishwasher.



The world is like a mirror. If you face it and smile, it will smile right back!





# COMMUNITY DIRECTORY

Hall Hire Ph: 8280 0000 or 0459 105 045

Council Member	Joe Federico	0417 016 164
C/Member & JP	Andrew Craig	0417 016 160
Cricket Club	Brian Walter	0418 815 047
Friends of Para Wirra	Patsy Johnson	8280 7279
Home Assist	Playford Council	8256 0355
Market Coordinator	Bev Campbell	0448 208 338
Nth Hills Pony Club	Sharon Xanthopoulos	0401 214 950
OTH Grapevine	Editorial Team	8280 7095
OTH Progress Ass	Secretary	8280 7095
OTH Playgroup	Monday	0448 354 990
OTH Playgroup	Wednesday	8284 4555
OTH Primary School	Front Desk	8280 7027
Playford Band	Ivor McLatchie	8280 7214
Scout Group	Trevor	8255 3115
Senior Citizens	Lance Walter	8280 7259
Soccer Club Registrar	Tamra	0414 911 321
Tennis Club	Gary	8280 7067 or 0415 399 658
Walking Club (Walkie Talkies)	Helen	8280 7035

Give the Gift of  
Reading 2013



Give the Gift of Reading  
and donate a new book to  
children in the Playford  
Community & help share the love  
of reading this year.

JOY  
LOVE  
Peace  
believe  
Christmas

DONATE & WIN A \$100  
COLES/MYER GIFT VOUCHER

To participate simply purchase a  
children's book and drop it off at  
one of the Playford Libraries  
(Elizabeth or Munno Para) before  
December 14th. Complete the  
entry form to win.



Your book will then be presented  
to AnglicareSA at a public  
Christmas celebration in the  
Playford Civic Centre Library on  
Monday December 16th.

PHONE  
Elizabeth:  
8256 0334  
Munno Para:  
8254 4600

## One Tree Hill Junior Baker Competition

Conditions of entry: The item of cookery to be submitted along with size and quantity will be published in the Grapevine in the month prior to the One Tree Hill market day. One entry per person. Entries are to be delivered to the One Tree Hill Junior Baker's table at the market between 9am and 9.30am.

You will be required to make 3 identical items for the theme of the month. Paper plates will be supplied and entry cards including entry number will be attached. Judging will commence at 9.30am.

There are 2 age categories: 1) Ages 5 to 8 years 2) Ages 9 to 13 years.

Prizes for each category are 1st: Blue Ribbon and \$15.00 2nd: Red Ribbon and \$10.00 3rd: Green Ribbon and \$5.00. Entries can be collected along with prizes by 1pm.

How to enter: You will need to email (oth.grapevine@bigpond.com) or complete the entry form and mail to One Tree Hill Progress Association, PO Box 196 One Tree Hill SA 5114. Or drop it into the General Store. You must include your name, age and phone number. The theme for November is "Chocolate Chip Cookies" Registration must be completed before Thursday 31st October for the November Competition. SPECIAL NOTE: Parents, if your child has sport on Saturday, they can still enter, simply drop off the items before you go, there is always someone there at 8.00am or you can phone and arrange drop off on the Friday night.

 Theme for December is Decorated Cup Cakes 

Name	Age	Phone Number



# 25 Steps to Happiness



These are the steps of highly happy and successful people. Maybe some of these ideas will get you through a tough time.

- 1: Stop worrying, if it is supposed to happen it will.
- 2: Allow yourself to be a beginner. No one starts off being excellent.
- 3: Don't let your happiness depend on anything outside of yourself.
- 4: Stay close to everything that makes you feel alive.
- 5: Listen to your body, it will lead you to unlimited health.
- 6: Surround yourself with people who see your greatness.
- 7: Make peace with your past.
- 8: See all setbacks as growth and expansive opportunities.
- 9: Comparing yourself to others will hurt your health and steal your joy.
- 10: Don't give up, EVER.
- 11: You always have a choice.
- 12: Stop chasing what's not working.
- 13: Believe wholeheartedly in miracles.
- 14: Don't postpone joy.
- 15: Trust the universe, there is a plan greater than yours.
- 16: Wake up every morning with a grateful heart.
- 17: Remember things take time.
- 18: Always trust your gut.
- 19: No need to change people, just love them for who they are.
- 20: Don't resist change.
- 21: Forgive yourself.
- 22: Your life is a creative adventure.
- 23: Release expectations and enjoy the journey, there is no destination.
- 24: Just do you.
- 25: You're not broken or damaged. You are perfect the way you are.

## 15 Ways to find Calm in under 5 Minutes

- 1: **Spray some lavender:** Studies have shown that this popular flowering herb can be applied topically to relax your muscles or it can be inhaled for calming effects. It's an effective remedy for anxiety, depression, irritability, panic, stress and sleep problems.
- 2: **Find a new perspective:** Change your perspective on the situation, ask yourself why you're feeling overwhelmed. Is this really worth stressing over? Can you solve this problem? Do you have a roof over your head and food on the table? Are things really as bad as your mind is making it out to be? Gain a positive attitude and be sure to laugh along the way.
- 3: **Go for a walk:** To reap the calming effects of walking, you don't need to pound the pavement for hours on end. A comfortable stroll can be just as effective as a power walk. The secret is to use your mind, focus on the present moment and connect with nature.
- 4: **Play soothing music:** Pick music that is soothing with a slow tempo and light instruments. Music is an anchor to calm. Every time stress sneaks in put on your favourite CD.
- 5: **Meditate:** Meditate in short intervals throughout your day. Relax, relax, relax.
- 6: **Smile:** Yes just smile, when you smile a sense of peace and well being develops, simply put, you just feel happy. Try smiling even when you are stuck in traffic.
- 7: **Breathe deeply:** When you feel agitated, you tend to breathe rapidly or shallowly. Pay attention to your breath and you will experience quick and instant relaxation. Slow down your breath, and in particular slow down your exhalation.
- 8: **Water the plants:** Gardening and spending time in nature can help restore your attention and relax your body and mind. If you don't have time to get dirty in the garden, simply watering your plants can induce the same results.
- 9: **Write down everything:** Journaling will allow you to clarify your thoughts and feelings, and will help you gain valuable self-knowledge and reassurance. It can also be a great problem-solving tool, sometimes it's easier to come up with a solution on paper. You can also release powerful emotions, gain clarity and let go. Let go of what you don't need and stop worrying about what you can't change.
- 10: **Stretch:** We all know the stress-relieving benefits of yoga, but if you don't have time to attend a daily yoga class you can still reap the benefits by incorporating a stretching routine into your day.
- 11: **Visualize a more peaceful scenario:** The mind is very powerful, when you visualize peaceful, serene scenes, it invokes calming feelings as if you were really there. Through visualization our bodies can relax and the stress will melt away. Close your eyes and imagine rhythmic waves on a long white sandy beach.
- 12: **Call a friend:** If you're chronically stressed, you probably haven't figured out how to change your perspective. Friends who make you happy will help you bounce back and regain your inner peace.
- 13: **Ring a mindfulness bell:** This may seem silly, but it's actually an effective way to bring you into the present moment. Yes, there are mindfulness bell apps. Set an alarm as a reminder, when this bell or alarm goes off, it will bring you into a different frame of mind. Tell yourself to breathe and relax.
- 14: **Put your phone away:** Take a break from the outside world and connect with your inner world - after you've talked to a friend of course! Tell yourself peace is in this very moment. Peace is not in tomorrow's moments or yesterday's, it's right now. So go on and relax, you deserve it!
- 15: **Don't turn on the TV:** Don't watch the evening news while eating, and every now and then take a break from stressful, fear-based media.





## AIR CONDITIONING

### SEYMOUR HEATING & COOLING

Installations of Ducted Reverse  
Cycle, Ducted Evaporative,  
Ducted Gas, Combustion Heaters  
and Servicing



**20 Years Experience**  
For a FREE Quote call

**Wayne on 0411 410 889**

## AUTO REPAIRS

### BLACKTOP AUTO REPAIRS & TYRE CENTRE

GENERAL  
ENGINEERING  
REPAIRS  
4-Wheel Drives  
All Mechanical Repairs  
Log Book Servicing

Phone: **8280 7255**  
or John on Mobile  
**0466 936 135**

## BEAUTY

### BEST DRESSED MOBILE TAN

Vani T  
Naked Tan  
St Tropez  
Call Lea

**0411 416 011**

[www.bestdressed.net.au](http://www.bestdressed.net.au)

Conditions May Apply

## ELECTRICAL

### ROGER GIRDHAM ELECTRICAL

For all your  
Electrical  
Installations &  
Maintenance  
Jobs

Call Roger on  
**0417 853 863**  
or **8280 7788**

## ENJO



For product  
enquiries,  
demonstrations  
and all your  
ENJO needs

contact  
Beni Hite  
Ph: **8280 7815** or  
**0403 763 826**

## EXERCISE/WELLBEING

### CHIBALL

A combination of  
Tai Chi, Qi Gong, Dance,  
Yoga, Pilates, Deep  
Relaxation & Meditation.

All in an hour of  
rejuvenating exercise to  
music for harmony,  
balance and well being.  
Mild exercise for any  
fitness level,  
age & injuries.

Monday Night 6-7.00pm  
OTH Institute. \$10 per  
lesson, bring yoga mat.  
Ring Ann: **8280 7354**

## HAIRDRESSING

### HAIR SPACE

Relaxing friendly  
atmosphere.  
One on one specialised  
service catering to your  
individual style & needs.  
Follow on Facebook  
[/hairspaceuleybury.com](http://hairspaceuleybury.com)

OPEN

By Appointment  
118 Kentish Road,  
Uleybury.

**0432 828 549**

## GARDENING

Geoff Jacobson for all  
your gardening needs

- + Lawn Mowing
- \* Tree Lopping
- \* New Lawns
- \* Fertilising
- + Weed Control
- \* Pruning
- \* Rubbish Removal
- \* Landscaping
- + Shed Cleanouts

Ph: **131 546** or  
M: **0407 733 832**

## MOBILE FITNESS & PERSONAL TRAINER

Get fit and healthy  
for summer.

### Services include:

- \* Personal Fitness
- \* Home Workouts
- \* Weight Loss & Nutrition
- \* Boot Camp Sessions

Conducted by Qualified  
Master Trainers  
(OTH Local)

**0433 115 386**

## MAINTENANCE

### WARNER'S HOME MAINTENANCE

- \* Gardening
- \* Odd Jobs
- \* Painting
- \* Pruning
- \* Gutter Cleaning
- \* Basic Home  
Maintenance

Call Pete:  
**0433 619 108**

## PLANTS

### DEALTRY NATIVE PLANTS WHOLESALE

Trevilla Road, (Off  
Frank Barker Road

OPEN 1st Two  
Weekends each  
Month 10am-4pm  
Plants from \$1.00

Phone for directions  
Ph: **8280 7079** or  
**0402 010 877**

Gift Vouchers Available

## PEST CONTROL

### BEST PEST CONTROL

- \* Spiders
- \* Earwigs
- \* Millipedes
- \* Bees
- \* Ants
- \* Flies
- \* Termites

Call Paul on  
**0418 893 411**

## ROAD GRADING

ROAD GRADING  
in One Tree Hill  
and the  
Surrounding  
areas

Call for a FREE  
quote for all  
Grading & Road  
Maintenance  
Contact Merv on  
**0428 261 170**

## VOLUNTEERS

### WANTED

Friends of Para Wirra  
Volunteers of the Park  
meet twice a month  
every 1st Wednesday  
and 3rd Saturday at  
9.00am at Park Office  
(via main entrance off  
Humbug Scrub Road)  
If you love the bush and  
would like to join our  
happy crew, please  
contact us between  
9.00am & 9.00pm  
any day

Ph. **8280 7279**

## Playford Council Contact Details

24 hour Emergency & Lost/found dogs

8256 0333

General Enquiries and Burning Permits (seasonal) 8256 0333 Email: [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au)

Libraries: Elizabeth 8256 0334

Munno Para 8254 4600

When telephoning council with a request please remember to get a Customer Registration Number (CRN) to ensure registration and easy identification of your communication.

You can also phone or email your local Councillors.

Joe Federico Ph: 0417 016 164

Email: [jfederico@internode.on.net](mailto:jfederico@internode.on.net)

Andrew Craig Ph: 0417 016 160

Email: [adcraig@ihug.com.au](mailto:adcraig@ihug.com.au)





## Community Notice Board

Do you have an upcoming Community event or a special announcement that you would like printed on this page? Please keep notices as brief as possible.

Email or call with your details. Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com) Phone: 8280 7095

Please note deadline date on the front cover for each edition.



### PLAYGROUP AT THE INSTITUTE

Vacancies are available for babies to school age children at the OTH Institute.

Contact

Alex on 0417 889 783 or

Kylie on 0417 140 574

9.30am until 11.30am



**The One Tree Hill Chilean Needle Grass Community Group need your help. Details Page 18.**



### MOBILE LIBRARY

A reminder to all residents that the Playford Council Mobile Library Service now comes to One Tree Hill on Friday afternoon, once a fortnight.

The van parks outside of the Institute opposite the shops from 3.00pm - 4.00pm.

Visiting dates for this month are 1st, 15th & 29th November.



### Next Country Market

Saturday 2nd November (8.30am until 1.00pm) at the One Tree Hill Institute Black Top Road.

Great variety of bric-a-brac, crafts, home cooking, sausage sizzle fresh fruit & veg, fresh fish and more. Stall enquires please call

Bev on 0448 208 338 or

E:[oth.market@bigpond.com](mailto:oth.market@bigpond.com)



## WIN INSPIRE, EMPOWER, TRANSFORM

[www.win-inspire.com.au](http://www.win-inspire.com.au)

WANT TO BE INSPIRED TO BE YOUR BEST?

A FREE women's EXPO in the beautiful township of One Tree Hill.

Enjoy a 'smorgasbord' of FREE interactive exhibits, entry, gift bags, henna tattooing and supper! Only 10 minutes from Elizabeth, Golden Grove, Salisbury & Gawler!

Inspirational Speakers

Over 100 Door Prizes & Raffles

Major Door Prize valued at over \$1000

Fundraising Opportunities

\$2 Clothes, Books, Cupcakes!

Online Art Auction and more...



One Tree Hill Institute - Blacktop Road  
One Tree Hill

Thursday 7th November 2013 . 4pm - 9pm



[www.facebook.com/designbyvictoria](http://www.facebook.com/designbyvictoria)

find us on facebook

### AFFECTED BY A RELATIVE'S DRINKING?

SUPPORT IS AVAILABLE

AL- ANON

ELIZABETH, TUESDAY, 7.45pm

Northern Connections,  
2-7 Phillip Hwy, Elizabeth.

ELIZABETH, THURSDAY, 11.00am

Church of Christ, Cnr Short & Ashfield Roads,  
Elizabeth.

MEET AND CHAT WITH OTHERS WHO KNOW  
WHAT YOU ARE GOING THROUGH IN A  
FRIENDLY NO PRESSURE ATMOSPHERE.

PROGRESS General Meeting Thursday 14th November 7.30pm

Venue: One Tree Hill Institute, Black Top Road, One Tree Hill.

New members are always very welcome.

