

# ONE TREE HILL GRAPEVINE



**This is a free community Newsletter.  
However a Gold Coin Donation towards the cost of production  
of the Grapevine would be most appreciated.**



**Please place your gold coin donation in the Piggy Banks at the General Store,  
Post Office, Fodder Store or OTH Country Market when you pick up your copy.  
Deadline for the December edition is Monday 24th November 2014**

**NOVEMBER - Volume 37 - Edition 10 - 2014**

## Open Day at AL-RU Farm

Many of you may have visited Al-Ru Farm over the long weekend for their open day. Nobody let the weather spoil it and enjoyed the beautiful gardens that Ruth and Alan Irving have created. More on page 3.

### EMERGENCY NUMBERS

Police: 131 444  
Ambulance & Other Emergencies: 000  
Country Fire Service: 000  
Station: (When manned) 8280 7412

Hospital: 8182 9000  
General Business: 8280 7055  
Bushfire Info Hotline (24hr): 1300 362 361



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## From the Desk



Well here we are the 2nd last issue for 2014. Don't forget advertisers if you would like Christmas messages inserted into your ads let us know in plenty of time for next month's issue.

We have a huge assortment of articles in this issue and hopefully something for everyone. On page 3 we talk about AL-RU Farm, the team visited on the open day and had a lovely time wandering about the magnificent gardens and of course indulging with a beautiful lunch provided by the Uniting Church. We believe that over 1300 people attended over the two days so well done to Ruth and Alan Irving.

Our Police report on page 6 covers the recent spate of break-ins in the township, how heartbreaking for the many businesses and homes to find they were broken into. Darren who sends his report in each month said that it was the longest report in his 20 years of doing it for the Grapevine. Let's hope that they catch these people and we don't have any more misfortune with them.

Playford council have advertised their Farm Affair on page 8, this will be held on the 8th November from 9am till 12 noon at the Scout Hall on McGilp Road. It sounds like it will be very interesting so make sure you all pop along for heaps of information about weed and pest infestation in the area.

We have a star reporter also on page 8, he is one of the new Kookaburra members and has won the award for this month for his great story of how the Adelaide United coach and Craig Goodwin coached the under 10's soccer team.

The kids pages are always a lot of fun and don't you just love the stories that the children write? We are hoping that even more children to join the Kookaburra Club next year so please encourage your children and grandchildren to write to us.

"From the Past" is on page 14, this month we write about Edwin Lomer Ifould, it's a very interesting read about one of our pioneers of the district.

Page 16 brings us a natural way to detox our bodies, it sounds great and we hope that some of you try it, it's all common sense and it's guaranteed to make you feel healthier.

We have just recently found out that we have another author in the town, Wendy is featured on page 19, come along and meet her at the OTH Country Market on the 1st November. Her books certainly sound very interesting and would appeal to a broad range of ages.

Plus there is lots more reading in this edition of the Grapevine, have a great month.

From the Grapevine Team.

Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)

Post: P.O. Box 196 One Tree Hill, S.A. 5114.

Phone: 8280 7095

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## President's Report November 2014

A big hello to you all once again.

Last week, we had a major break in at the Institute with extensive damage to cupboards and fittings. As there is no cash ever kept on the premises one wonders just how the perpetrators intended to turn some cleaning gear into meaningful dollars.

Police are still investigating and I understand several premises, including some local shops, homes and the Cricket Clubrooms were also broken into with damage to entry doors and storage cupboards.

The mess created by these people has meant that a lengthy clean-up was required at further expense and effort by our cleaning staff. With heavy bookings, it was a bit of a scramble to secure the premises in time for functions already booked.

As an Association we were very upset at the lack of respect shown to our premises - perhaps these people could direct

their energy toward community undertakings, where their efforts would be gratefully received.

The month of October was quite a busy one, with plans for the kitchen, bar room and hall upgrade well underway. Playford Council are still working on the final arrangements. These renovations will inevitably make the Institute unavailable for hire while the works are carried out. At this stage, we do not know the exact timing for these plans which is making the hall manager's job of taking bookings very difficult, but as soon as details are finalised we will publish them in the Grapevine.

Regards Ian Slater (President One Tree Hill Progress Ass.)

To contact OTH Progress Association

Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com)

or by post: P.O. Box 196 One Tree Hill, SA 5114

or by phoning the Secretary on 8280 7095



If you haven't had a chance to see an online edition of the Grapevine please go to the site: [www.onetreehillhall.com.au](http://www.onetreehillhall.com.au) click on "About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know.

This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine.

The Grapevine now has a facebook page. Check it out and have your say about your newsletter. <https://www.facebook.com/pages/One-Tree-Hill-Grapevine/379556192156386>



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This newsletter is published by the One Tree Hill Progress Association. Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com) Ph: 8280 7095

The views expressed in this newsletter are not necessarily those of the One Tree Hill Progress Association.

Its purpose is to share local news, views and events. Advertisers are responsible for the accuracy of the content of their advertisement.



# AL-RU Farm Open Day

On Monday 6th October, the Grapevine team had the pleasure of visiting AL-RU open day.

Naturally we snapped a few photos but we are sure they don't do the garden justice! It's simply amazing.

Ruth and Alan Irving planted a few trees back in 1981 when they moved to the property, the land had previously been used to graze sheep. The serious side of planting began in 1985, over the years the garden has grown to 10 acres with 600 metres of perennial borders. Of course the water used comes from a bore. So never say that you can't grow a beautiful garden with bore water!

The property includes a **Pond Garden** with grasses and Crab Apple Trilobata, there is a **Woodland Garden** that is cool and inviting with Blue Bells, Geraniums, Angelica, Acanthus and all types of ground covers. **The Rose Garden** is highlighted by the Iron Maidens that have set a tone in this garden, Daffodils, Freesias, Nepeta and the magnificent Weeping Elm add a spectacular back drop to this area. **The Pool Garden** is a fairly new addition, this has a Japanese Box hedge along with Apple and Pear trees. Bright salmon Bougainvillea flourishes in this environment, there are also Buddleja Weyeriana Sun Gold which entice Monarch butterflies to the area, it's said that when floating in the pool you can see butterflies fluttering overhead. **The Meadow Garden** has a brilliant display of Daffodils, Tulips, Ranunculi and Green Bean Teepis plus an assortment of other plants that flower at different times of the year. **The Dam Garden** is currently developing and it will need time to mature this large area.

There is even an airstrip on the property, Alan was given a 1957 Auster for his 70th Birthday. This area needs regular mowing so that Alan can bring the aircraft home from the Gawler airfield occasionally.

The property caters for Bed and Breakfast, the area where guests stay is called **The Garden Pavilion**, guests can enjoy the Simply Magic roses garden.

There are often Weddings held at the property in the garden, receptions are on the lawn or in the Barn. The charges for the use of the facilities are looked upon as "Charity for the garden".

On Sunday and Monday Ruth did walk and talk sessions, we're sure that she must have lost her voice by the time the weekend was over.

We caught up with Alan sitting down having a cuppa provided by the Uniting Church with Rosie their new mascot. She is an Old English Mastiff who is only 20 months old but already weighs 90kg. She is the most adorable dog and was very well behaved with all the strange visitors to her garden.

The gate takings were given to the OTH CFS and the Uniting Church whose members served morning teas and lunches donated the proceeds to their Cornerstone Foundation to maintain an orphanage in Uganda.

The weather became very windy during the afternoon on Monday but the crowd still enjoyed their strolls around the gardens.

Well done Ruth, Alan and staff for organising this great event in conjunction with Australia's Open Gardens Scheme.



Alan and Rosie taking a break , Ruth (wearing a yellow top) giving guided talks and tours. Also pictured are some of the many areas around the wonderful garden.





# ONE TREE HILL GRAPEVINE CFS REPORT NOVEMBER 2014

## Incident Report



After a very quiet winter, the pace has certainly picked up for the CFS, with the number of callouts for the year doubling and tripling over the course of the first two weeks of October. The tragic accident at the end of last month was only the first in a series of serious road accidents in the area, and the message again is; please drive carefully! In amongst the road accidents we also had car fires, trees down, and our first grass fire for the season. This week we were also called upon to help the Police and SES searching for a man missing in the quarry on Black Top Road. It certainly shows the diversity of calls that the CFS are tasked to complete.

In response to a request concerning the use of fireworks, residents should refer to SafeWork SA which is the governing body in this instance. From their web site, the use of fireworks by people without the necessary pyrotechnics' licences and authorisation is a criminal offence and will be dealt with by SAPOL. The web site has a list of notifications and plenty of information regarding fireworks. From the CFS perspective, use of fireworks is banned within the Fire Danger season and offenders may also be prosecuted under the Fire and Emergency Services Act.

### Fire season has been brought forward to 17th November!

On the 23rd October the CFS announced that the Fire Danger season has been brought forward in the Mount Lofty Ranges Region to 17th November. Don't be caught out! If you are travelling in other areas of the state, please be aware that local dates may differ. This change was in response to the high levels of fuel throughout the state and we have already seen a couple of

Total Fire Ban days declared outside of the Fire Danger Season.

Bushfire Prevention Week runs from the 26th October to 1st November this year, sorry for the late notice. Hopefully by now you have all taken advantage of the opportunity to gather information about what you can do, can't do and need to do in the upcoming months. On 1st November, OTH CFS will host an Open Day at the shed and there is a host of information available for people who call in and take a look. On display will be the wide range of equipment provided by the CFS and also the additional equipment we have been able to purchase as a result of kind donations of local residents. If the Grapevine didn't reach you in time and you missed the open day please call by training night on any Monday night if you have any queries.

For general information please contact One Tree Hill Duty Officer Phone 8280 7055

You can also visit the CFS website ([www.cfs.sa.gov.au](http://www.cfs.sa.gov.au)) or phone 1300 362 361



## COUNCIL ELECTIONS

*This advertisement has been placed by Joe Federico, the Grapevine is not responsible for the content.*

**"JOE IS COMMITTED TO GUARANTEEING THAT WARD 3 CONCERNS, ISSUES AND WISHES ARE BROUGHT TO COUNCIL'S ATTENTION".**

**JOE KNOWS, LIVES IN, IS COMMITTED TO, AND UNDERSTANDS OUR COMMUNITY.**



**Joe has been this community's voice on Council since 2003.**

- Joe has ensured that the rural road sealing program remains in Council's budget, examples of roads already sealed are Crosshill, Johnson, Taylor, Kaiser and Uley Roads.
- Joe has persistently lobbied for action to be taken on the Kersbrook/Gawler Road intersection to improve road user safety. The Government has recently announced that a \$3.5 million roundabout will be built at that intersection.
- Joe lobbied Council and the EPA to arrive at a more reasonable burning permit strategy. Domestic rubbish can now be burnt without a permit within the prescribed times.
- Joe continues to support the rural ratepayers throughout the City on burning, planning and general Council related issues.

**VOTING IS NOT COMPULSORY, HOWEVER TO ENSURE CONTINUED LOCAL REPRESENTATION PLEASE VOTE AS BELOW.**

**REMEMBER, YOU MUST HAVE AT LEAST A 1 & 2 ENTERED IN THE BOXES TO CAST A VALID VOTE.**

?	HETZEL John Arthur
?	WITHERS Craig
1	FEDERICO JOE
2	CRAIG Andrew

- \* Joe is a qualified teacher with a Bachelor in Adult Education
- \* Joe has a Degree in Urban & Regional Planning.
- \* Joe sourced funding and support for our local playgrounds and reserves.
- \* Joe continues to support our Sporting and Recreational clubs and facilities.
- \* Joe continues to encourage and support local industry, business and tourism.
- \* Joe's commitment to you is that he will ensure that your views, issues and concerns are brought to Council's attention regardless of his own personal view, and that he will always act primarily in the best interests of the Ratepayer, Community, and the City of Playford.

**Please remember to fill in and post your ballot paper as soon as you receive them to avoid forgetting to vote.**

**Authorised by Joe Federico. 930 Black Top Road, One Tree Hill, 5114, SA.**



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## Crime Report – ONE TREE HILL Rural Watch – Between 17th September & 21st October 2014

<b>Overnight 18th September</b>	<b>Serious Criminal Trespass-Non Residential</b>	<b>Uley Road, ONE TREE HILL</b>
Unknown persons forced entry to premises and stole alcohol. Property inside premises was also damaged/smashed.		
<b>September 26th</b>	<b>Fatal accident</b>	<b>Gawler-One Tree Hill Rd/Kentish YATTALUNGA</b>
Single vehicle collision with tree. Driver of vehicle died at the scene.		
<b>Between 26th &amp; 28th September</b>	<b>Serious Criminal Trespass - Residential</b>	<b>Shillabeer Road, SAMPSON FLAT</b>
Entry to premises by window being forced open. Nil stolen.		
<b>30th September</b>	<b>Unlawfully on Premises</b>	<b>Yorktown Road, ONE TREE HILL</b>
Male adult located on property - dogs alerted occupants. Male detained by occupant of premises and subsequently arrested by Police.		
<b>8th October</b>	<b>Arson of Motor Vehicle</b>	<b>Gawler-One Tree Hill Road, ULEYBURY</b>
Vehicle stolen from Salisbury East address, burnt out at above location. Value \$5,000.		
<b>Daylight Hours 11th October</b>	<b>Serious Criminal Trespass - Residential</b>	<b>Black Top Road, ONE TREE HILL</b>
Unknown persons forced entry to house via bedroom window. Jewellery stolen.		
<b>Overnight 11th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>Humbug Scrub Road, HUMBUG SCRUB</b>
Shed broken into by jemmying side door. Locks stolen.		
<b>14th October</b>	<b>Arson of Motor Vehicle</b>	<b>Kersbrook Road, HUMBUG SCRUB</b>
Vehicle stolen from Elizabeth Shopping Centre burnt out in above location. Value \$6,000.		
<b>Overnight 16th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>Black Top Road, ONE TREE HILL</b>
Entry to premises by jemmying front door. Electrical item stolen.		
<b>Overnight 16th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>Black Top Road, ONE TREE HILL</b>
Entry to premises by forcing front door. Electrical items and cash stolen.		
<b>Overnight 16th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>Black Top Road, ONE TREE HILL</b>
Entry to premises by forcing front door. Premises ransacked and unknown if anything was stolen.		
<b>Overnight 16th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>Black Top Road, ONE TREE HILL</b>
Entry to premises by forcing front door. Cash stolen.		
<b>Overnight 16th October</b>	<b>Serious Criminal Trespass - Non Residential</b>	<b>McGillp Road, ONE TREE HILL</b>
Entry to premises by forcing front door. Alcohol stolen.		

**As always if you have any information to assist with any crime issues in the area  
please phone Police Communications on 131 444**



### **BRAINTICKLERS - LATERAL THINKING**

(Don't get confused by the obvious)

1: A cowboy rode into a small western town on Monday. He booked a room in the hotel and went straight up to it. The cowboy stayed three nights and two days without leaving his room. He then rode out of town on Monday. How did he do it?



2: Bob and Carol, Ted and Alice all lived in the same house. One evening Bob and Carol went out for dinner leaving Ted and Alice at home. When they returned they found Alice dead on the floor surrounded by broken glass and water. They knew Ted must have killed Alice but did not call the Police or even punish him. Why not?

*Answers are on page 16*



**The OTH Institute is a great venue for an Engagement, Wedding, Special Birthday, Naming Day or other.**

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[www.onetreehillhall.com.au](http://www.onetreehillhall.com.au)

**Ph: 8280 0000 or Email: oth.hall@bigpond.com**

## Senior Citizens

If you are over 50 years of age you are welcome to attend the OTH Senior Citizens. It is held each Tuesday afternoon at the One Tree Hill Institute, starting at 1.30pm and finishing at 4.00pm.

There is a variety of activities to join in, including carpet bowls, cards or just a general chat. Please feel welcome to join them if you are new to the town or you want to make new friends.

**Phone Lance on 8280 7259 for further information**









## OUR VISION

*"People of Faith sharing God's Love as we Worship and Serve in the Community"*

### SUNDAY MORNING SERVICE 10.00am

Includes the following activities:

#### Sunday School

#### SMYG (Sunday Morning Youth Group)

#### Young Adult Group

### AL-RU OPEN GARDENS - 5th & 6th OCTOBER

The two Open Garden days were extremely successful again with approximately 1300 visitors to the gardens. This made it a very busy time for our members catering for lunches and morning and afternoon teas. The gardens looked absolutely beautiful - a credit once again to Ruth and Alan Irving.

### MARKET STALL

Our ladies run a stall each month at the Market, selling a variety of home-made cakes, slices and biscuits, plants, bric-a-brac, games, books and much more. Drop on by, we'd love to see you.

### WEDDINGS, BAPTISMS & FUNERALS

The church is available for the above Services. For further details phone Edna on 8255 7987.

### FELLOWSHIP - Wednesday 26th November, 2014

Morning tea at 10am followed by Christmas devotions.

Everyone is Welcome.

### GIFT FILLED SHOE BOXES FOR CHILDREN

A big thank you to everyone for your support and generosity in filling shoe boxes with Christmas presents for needy children. We are thrilled with the response, a total of 45 boxes were taken to the warehouse for packing and shipping to South-East Asia and the Pacific. Four Year 11 students from Tyndale Christian School were helping at the warehouse preparing and packing boxes, one of the boys lives at OTH.

### CAROLS IN THE GARDENS - SUNDAY 21st DECEMBER

Further details will be in next month's edition of the Grapevine.

For further information please phone Maureen on 8280 7368

### Horse Care - Costs of buying a horse - Part 3:

In the last two articles we discussed the \$\$ costs. This one discusses other costs. The first to consider is time.

**Feeding:** Unless your horse has excellent grazing, you need to feed. This will cost someone time. Time to travel to the horse, time to put the feed out, return to the car and travel home. This can be non-trivial depending on how close you are and how accessible the horse is. Even if he lives on your property, you still have to walk out the door and to the stable area, put the feed out and return. There is the added time of actually buying feed, carting it home and stacking it. Of course, many fodder stores will deliver but this costs \$\$\$. So you pay one way or the other.

**Rugging:** Changing rugs can become a twice daily chore, changing from warm overnight rugs to lighter day time rugs or none and back again. Don't forget you have to carry the rug to the horse (or bring the horse to the rug). More time!



**Manure pick up:** This is another time consumer. At eight poops a day, this is a wheelbarrow per day of manure to collect and take to the composting pile. If you don't do this, the paddock will become "sour" and the horse will not eat the pasture (this is a natural technique to reduce worm intake). You also cannot let the horse stand in wet bedding for any length of time or he will get infections in the hoof and go lame, so it is not a case of "well he doesn't eat the grass anyway". Manure still has to be collected. And disposed of!



**Grooming:** Another time consuming task, the horse that is "living out" in a paddock will roll to scratch themselves. This reduces the time we need to loosen hair but increases the time for cleaning prior to a ride. You win some, you lose some. It depends on the horse and the conditions.



No matter what the weather, or how we feel, or whether we are going somewhere (or just back from somewhere) we need to attend to the horse's needs. "In sickness and in health" we must see that our horse is looked after. If you have been out all day, looking smart, you may need to change before attending to the horse, and not just go to bed.

These time factors do not take into account the time to travel to lessons or shows or the riding time. It is assumed they are pleasure activities and therefore not a cost.

The other type of cost is stress/family issues.

You may think they are trivial: you will be supported in your new hobby of horse owning, but if you are away a lot you may find it starts to grind on your nearest and dearest. Stress of not doing expected chores around the house will play against you, both with angst from your partner/parents and in your own freedom to choose what you want to do. (Even horse owning becomes a chore when you wish you could go to a party but have to do something for him first).

If you are agisting, you may be using a shared paddock. There will certainly be shared facilities. And you can be absolutely certain there will be someone there who does not agree with what you do and will let you know (or you don't agree with them and it irritates you). Maybe it is a small thing like failing to pick up manure after using the arena. Maybe it is that the shared bale of hay is being kicked around by one horse, or someone always parks in an inconvenient (to someone else) spot. Or their horse carries on just when you are mounting and stirs your horse up. Or even that they do not (in your opinion) look after their horse and you feel sorry for the horse.

I know you may think these issues are not worth worrying about. But you will find they will grate on you over time adding the cost of stress to your horse owning life.

If, having weighed all these things up, you still decide to buy a horse, go ahead. I think it is a wonderful idea. Horse ownership helps people to grow, particularly children but adults can benefit too.

Hmmmm another article takes shape: benefits of horse ownership comes soon to a newsletter near you.

If you have any horse query for Julie please email the Grapevine.

Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)





# The One Tree Hill Farm *affair*

**Come along for snapshot presentations on a range of farm topics**  
Learn more about local weed threats, best practice farm management and get an update  
on local Chilean Needle Grass control trials



**You are invited to a FREE presentation and morning tea**

**Saturday 8th November, 9am - 12 noon One Tree Hill Scout Hall, McGilp Road**

- 9am Registration and bring in samples of plants, both weed and native for identification
- 9.30 Hear a series of snapshot presentations on:
  - \* Rabbit control from **Dale Murray and his ferrets**
  - \* Property planning and pasture & weed management from **agronomist, Simon Ellis**
  - \* The importance and care of native vegetation from **district ecologist Kate Graham**
- 10am Enjoy a free morning tea while chatting to presenters and neighbours willing to share their local experience and knowledge

The event is also supported by members of the **local community groups**: Northern Foothills Biodiversity & Land Management Project, One Tree Hill Chilean Needles Grass Group, City of Playford Greening and Land Care, One Tree Hill Scouts and TAFE Roseworthy.

11.15 To finish join us for a nearby property walk to look at both broad acre and targeted Chilean Needle Grass control trial plots with agronomist Simon Ellis and local landholders.

**Enquires & RSVP by Wednesday 5th November to help with catering numbers**

**Contact Monica Seiler on 82560411 or email [mseiler@playford.sa.gov.au](mailto:mseiler@playford.sa.gov.au)**

Workshops are funded by the NRM levy and are presented by Natural Resources Adelaide and Mount Lofty Ranges staff.

## Under 10s Soccer Club Visitors

Photos: Below Ryan with coach Josep Gombau and the group with Craig Goodwin.

*This is a story sent in to the Grapevine by one of our new Kookaburra members Ryan D.*

On Labour day the One Tree Hill under 10s went to the Adelaide Croatian Raiders soccer ground at Gepps Cross. We were there because we had won an ABC Radio competition.

We were able to watch Adelaide United train and after got a training session with Josep Gombau, Turek Elrich, Craig Goodwin and two other coaches.

After Adelaide United's training they signed our shirts, posters and more. After that we did ball control in a square. We used our inside, outside and sole of our foot to dribble in the square. We were split into two groups shooting and passing. I was in the passing group first. We played piggy in the middle. It was fun.

Next was the shooting group. We shot with our right and left foot. One of the coaches told us if you want to shoot with power use your shoe laces. It worked!

After everyone had been in both groups we had a scratch match. The teams were Danielle, Briannah and the players and coaches onto the rest of OTH under 10s. The game ended up 3-4 to Adelaide United and the two girls.

Everyone enjoyed it and would love to do it again.

Thanks Adelaide United. By Ryan D. Age 9 years.

Thank you very much for your story Ryan, you are our winner this month for the Kookaburra Club, please write again sometime. Your certificate and prize can be picked up from the OTH Country Market on the 1st November - Auntie Bev.





One Tree Hill/Humbug Scrub 4.62 acres \$495,000

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**NEW**



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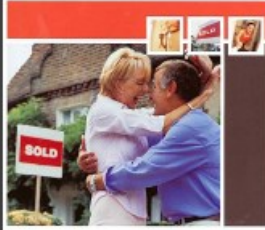
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# SPOTLIGHT ON THE MARKET

## Meet Veronica and Danielle



Veronica and Danielle who are sisters, starting attending the OTH Country Market earlier in the year.

They love coming because they enjoy the country atmosphere and interaction with customers and stall holders.

The sisters have always loved making craft items so they decided it would be nice to share their love of craft with others and make some pocket money doing something they love.

The girls have a variety of craft items and it varies each month. They sell a large range of hand made cards, stationery, coasters, T-Shirts, aprons, bracelets, beads and hair clips which are their best sellers at the moment. Prices for their items are really reasonable so make sure you pop along and say hello and check out their range of products.

If you would like a particular item in another colour or something quite different let them know and they will do their best to make it for you. You can also check them out on facebook under "danicrafts".



## 🇳🇿 Doug's Trip to Norfolk Island 🇳🇿

Doug Winsor has recently returned from a holiday to Norfolk Island, when the Grapevine team caught up with Doug we suggested he write about his experience, we hope you enjoy it.

Doug was invited to stay ten days with Rev. Roz Bond and her husband Geoff (past residents of OTH - Rev. Roz was our local Church Minister) in the Manse, of the Methodist Church. Roz was invited to Norfolk Island for two months as their Minister as they do not have a resident Minister.

Norfolk Island is a very beautiful place Doug says you don't need to lock up your home or car, everything is based on trust. Little stalls sell bananas and fresh veggies along the road side, with a purse or tin to put your money in for your purchase.

The grass on the side of the road is kept short and neat, this is due to the cows, chooks and wild geese who regularly feed on it. The roads themselves are poorly maintained and the speed limit is 50km. Norfolk Island pines are everywhere and the gardens throughout the area are beautiful, we believe Doug took loads of photos.

Cargo boats anchor some distance out and a shuttle of small craft bring the goods to the quayside where it is unloaded into small trucks to be delivered. LPG and fuel is also delivered by a tanker that anchors and a hose line is brought to shore and then the fuel is stored in tanks.

The island has a very interesting history, it is known that there were Polynesians living on the island before Captain Cook discovered it, but the date can't be determined as they have not discovered any of their ancestors remains.

Kingston, the capital of Norfolk Island is where the first and the second settlements were built by convict labour, this was a very cruel and sad time in British history.

Mutiny on the Bounty and the outcome with the Pitcairn people are amongst the displays at the Information Centre. Doug says that most things have been restored to the state it was in the Second Settlement, he says that he found the Royal Engineers plans and drawings so neat and detailed. The drawings were found in Tasmania and returned to Norfolk Island. If you would like more information on the history of Norfolk Island please go to <http://www.kavha.gov.nf/>

Norfolk Island is located in the Pacific Ocean between Australia, New Zealand and New Caledonia, it is 1,412 kms directly east of mainland Australia's Evans Head and about 900 kms from Lord Howe Island. The island is part of the Commonwealth of Australia, but enjoys a large degree of self governance. Together with two neighbouring islands, it forms one of Australia's external territories. It has around 2,300 inhabitants living on a total area of about 35 square kms.

Norfolk Island relies on tourists, so if you want a holiday in Paradise, pack your bags and head to Norfolk Island, it comes highly recommended from Doug as a wonderful place to relax and enjoy the beauty of an unspoilt island.



*Pictured are Doug and Reverend Roz Bond about to embark on a bus tour of the island.*

*Many thanks for this lovely insight into Norfolk Island.*





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13: Weight gain ☐

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# Kids Page

Welcome to your very own pages once again. I hope that you have all settled back into the routine of school, the very last term for 2014! Before we know it, it will be Christmas.

Please let me know if you would like a particular type of puzzle in next months edition of the Grapevine and I will do my best to try to include it. Mark down in your diary Friday December 19th, it's going to be the Twilight Christmas Market. Father Christmas will be attending, there is free face painting, free lollies and lots of fun for all the kids who attend. I hope mum and dad are able to bring you along.

Until next month, Auntie Bev. Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com) or drop me a line at the Grapevine.

Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post Office, SA 5114.



## THE THEME IS DUCKS - FIND ALL THESE WORDS

A D A G L N G W I D Q B G L E  
N A F Y O E A L L D T M L A K  
O D Q E E D L A L E L E N M H  
A T Y T D R E M I R G E Y G A  
A E H L E Q B I L L N S N D Y  
S S E T R U B N O I H B O D Y  
L I A T S A E A R C L I N F T  
S W D S C C M A T M F R E L O  
W E L N G K M A E C D D O I I  
I P I A O G H S R E H T A E F  
N S W C D P E T T K L A K E L  
G O I I E V F L Y R I N Y Q G  
S I V B A P M L E U E N Y D U  
A E P S I E S A S N A A G K A  
N O I T A R G I M R W W M S D

animal	migration
bill	pond
bird	quack
body	species
dive	stream
eggs	tail
eyes	waddle
feathers	water
fly	wild
hatch	wings
head	
lake	
legs	
marine	
markings	



Q: What time does a duck wake up?

A: At the quack of dawn!

Q: What do ducks get after they eat?

A: A bill!

Q: What do you call a crate full of ducks?

A: A box of quackers!

Q: Who stole the soap?

A: The robber ducky!

Q: What do you get if you cross fireworks with a duck?

A: A firequaker!

Q: How do rabbits

travel? A: By hareplane!

Q: What is a bunny's motto

A: Don't be mad, be hoppy!



Q: How do you know carrots are good for your eyes?

A: Because you never see rabbits wearing glasses!

A: What is a rabbit's favourite dance style?

A: Hip-Hop!

Q: Where do rabbits go after their wedding?

A: On their bunnymoon!

Q: What do you get if you cross a rabbit with an insect?

A: Bugs Bunny!

Q: What do you call a group of rabbits hopping backwards?

A: A receding hare line!

Q: How do you catch a unique rabbit?

A: Unique up on it!



Dinosaur Maze, can you find your way through the maze?



Q: What do you call a dinosaur with no eyes?

A: Doyouthinkysaraus!

Q: What do you call a sleeping dinosaur? A: A dino-snore!



A big warm welcome to 3 new members of the Kookaburra Club. Samuel C., Lily C. and Ryan D.

Ryan D. is the winner of the story of the month, his story is on page 8. Congratulations Ryan.



### The Adventure of Joe and the Lizard

Once upon a time there was a man called Joe. He was stranded on a tropical island. One day a lizard came. But this was no ordinary lizard. It could talk and walk on two legs. Joe and the lizard became friends. The lizard helped Joe build a raft. And so they sailed away. But a terrible storm came and a sea monster came. Lucky Joe had a sword. But the sea monster broke the sword. Then Joe tamed the sea monster. So the sea monster picked up the raft and threw it to another island. They went to a cottage. Inside the cottage was an old man. He was a sorcerer. He gave Joe a sword and turned it into a legendary sword. Joe and the lizard followed a path. But then black knights came. They fought. But one of the black knights killed the lizard. Joe killed all the black knights.

So he followed the path. But it led to a cliff and then Godzilla came out of the water! Godzilla smashed its hands onto the cliff. The cliff crumbled. Joe grabbed a rope. He tied the rope around Godzilla's legs. Joe heard the voice of the old man "Use the sword". So Joe got out the legendary sword and held the sword up in the air. Lightning struck on Godzilla and Godzilla was no more.

Joe went back to his raft and sailed back!

By Thomas D. Age 7 years.

Well done Thomas, you have the best imagination with these stories, I wonder do you want to become a writer when you grow up?



Q: What did the horse say when it fell?

A: I've fallen and I can't giddyup!

A: What did the teacher say when the horse walked into the classroom? A: Why the long face!

Q: What do you call a horse that lives next door? A: A neigh-bour!



Q: When does a horse talk?

A: Whinney wants to!

Q: Why don't dogs make good dancers?

A: Because they have two left feet!

Q: What happens when it rains cats and dogs?

A: You can step in a poodle!



Q: Why are dogs like phones?

A: Because they have collar IDs!

Q: What is a cat's favourite colour? A: Purr-ple!

Q: What kind of kitten works for the Red Cross?

A: A first-aid Kit!

Q: Why are cats good at video games?

A: Because they have nine lives!



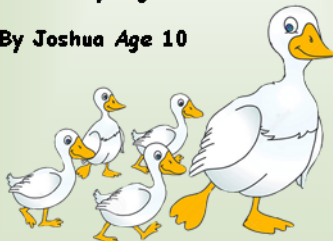
Q: Why can't a leopard hide?

A: Because he's always spotted!

Not long ago, we found out that the mother goose was laying eggs. We quickly got some hay so that she could nest in it. You might recall me talking about the time that we didn't have much success because she laid the eggs outside of the goose house near the fence where the foxes could annoy her. This time she laid them inside the shed. She laid about 8 eggs then sat on them for about 28 days. We put a brick in an ice cream container and filled it up with water so when the goslings were born they wouldn't drown as that's what happened once before. Four of the eggs hatched and the rest are still sitting there. At some stage, we will probably smash one to see if they were fertile or not. My mum will do it as she can't smell real well because they stink!

Hopefully one of the little goslings is a girl. They are a light green and a little bit of them is yellow. The geese are good parents because they won't let us near their goslings. They hiss a lot when you go close to them.

By Joshua Age 10

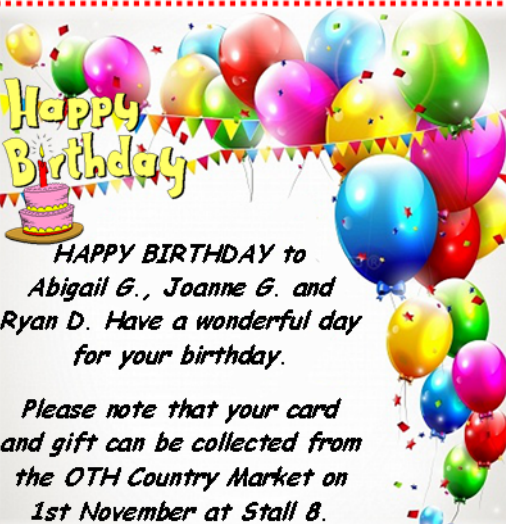


Q: What time is when an elephant sits on the fence? A: Time to fix the fence!

Once when we were watching a magic show at the Melrose Show, there was a magic man and he did a trick.

He got a big giant straw out of a bag. He had a race with some people that were watching him but he was the slowest because the straw was so long.

By Daniel Age 8 years.



## OTH Kookaburra Club



Have a story to tell or just want to see your letter in the Grapevine? Email or write to the Grapevine with your name, address and phone number along with your birthday and register.

Perhaps you would like to send in a short story or a joke with your details. There are great awards and a birthday gift for all who join our club.

Q: How do you know if there is a dinosaur in your fridge? A: The door won't shut!

Q: What dinosaur would Harry Potter be? A: The Dinosorcerer!



Q: How can you best raise a baby dinosaur? A: With a crane!

Q: What did the dinosaur put on her steak? A: Dinosauce!

Q: What time is it when ten elephants are chasing you? A: Ten after one!

Q: Why did the elephant sit on the marshmallow? A: So he wouldn't fall into the hot chocolate!



My Mummy and Daddy took us all to the drive-in to see a movie. We watched Planes - Fire and Rescue. Samuel, Joshua and Daniel sat outside and watched the movie but the rest of us stayed in the car and watched it. The part where they put out the fires was my favourite. Dusty was my favourite plane. We ate lots of chips. It was lots of fun. I hope we do it again.

By Hannah Age 6 years.



Q: What do you give a sick bird? A: Tweetment!



Q: What is black and white and white and black and white and ....?

A: A penguin falling down the stairs!

Q: What is a polygon?

A: A dead parrot!





# From The Past - Edward Lomer Ifould

Wednesday 30th May 1906

Mr Edward Lomer Ifould passed away after a long illness at Toolunga on Saturday, Mr Ifould was a native of Hampshire, England, having been born in Preston, in that county, on April 23, 1823. He arrived in South Australia in the small sailing vessel called "Fania" when he was 17 years of age, the voyage took six months.

Shortly after his arrival he engaged in agricultural pursuits on a section upon which Goodwood now stands, and was well known in the metropolitan district. One of the streets in Adelaide bears his name. He entered into business with the late Mr Thomas Whinnerah as grain and flour merchants and proceeded to Melbourne to establish a branch in the Port Phillip settlement. Subsequently he travelled through the Northern Territory with a view to gaining information whether cattle raising might be turned to profitable account there, and arrived at the conclusion that the climate was quite too tropical for the successful employment of white labour. His enterprise and observation in the Territory soon led him to appreciate the impossibility of doing anything with the clan of Chinamen who had been procured in the South Australian Government from Singapore. He had further experience of them in connection with his ventures in the shipping of horses to Singapore, he having been one of the first to launch out in this line of commerce.

He was part owner of the unfortunate vessel the Omagh, which was used mainly for the purposes of this enterprise. A large portion of his early savings was lost in this boat, which went down at King's Island. Mr Ifould's report on the Government experiment in relation to the employment of Chinese coolies was awaited by a large number of prominent men who were prepared to invest their money in the Territory, should the scheme give fair promise of solving the labour difficulty. Unfortunately, Singapore was not the place to supply the right type. As to the employment of white labour in the production of tropical commodities or in mining in the Northern Territory. Mr Ifould spoke with no uncertain sound. A strong, healthy man, well inured to hard work, he has remarked, might keep going for possibly six months, but the breakdown was inevitable. Java was a place of call between Darwin and Singapore and from his observations here Mr Ifould arrived at the conclusion that British Governments had much to learn from the Dutch in the matter of successfully administering a tropical dependency. He considered that the Territory and Java possessed about an equal extent of cultivatable land and similar climate, but that in its relation with Holland Java was anything but a "white elephant". On his return south Mr Ifould settled permanently on property he had acquired near One Tree Hill. From time to time he added to this land until ultimately his estate included the adjoining properties of Toolunga and Uley. Mr Ifould had six to seven acres of vineyards under cultivation on chocolate silty limestone, principally of Sherry, Shiraz and Verdelho grapes. The vineyard he planted was one of the first in the province and his manufacture of wine and brandy was highly successful. His wine gained many medals awarded at agricultural societies' shows.

In 1889 Mr Ifould's vineyards produced 1,600 gallons of wine and all for local use, no wine was exported. It was very disappointing, at one time there was a promise of a splendid crop but the hot winds which occurred when the grapes were half grown proved disastrous, especially to the Shiraz. Little wine was made that year, the principal vignerons having elected to sell the fruit. The newspaper of the day suggested that wine growing had gone out of favour by this time and one could see many abandoned vineyards in the district. Some had been grubbed out while others had just been left unattended.

On January 1st 1905 a destructive fire swept through One Tree Hill. It started nearly a mile south of the township at about 7.30am. There was a strong, hot wind blowing dust at the time. A haystack in a yard adjoining the post office caught alight, but a few buckets of water prevented serious damage. A vineyard belonging to another wine maker, Mr Fiebig (of the post office) was comparatively free from undergrowth and was probably the salvation of the township.

In 1905 the wine cellar was broken into, the cellar was at the time about one mile from the residence so the robbery was not noticed until the following day. The thieves helped themselves to about 50 gallons of wine, a cask containing 50-60 gallons of splendid port worth at least 10 shillings a gallon was left untouched. *Obviously they weren't port drinkers!*

Mr Ifould was a recognised judge of horses, and officiated in that capacity in surrounding districts for many years. The educational interests of the district always claimed his sympathy, and on more than one occasion his influence with the Education Department has been of service to the district. For many years he was Chairman of Munno Para District Council; but in private, he took a prominent part in everything connected with the welfare of the country.

He was probably one of the oldest members of the Gawler Agricultural and Horticultural Society. Edward lived at Toolunga and resided there in quiet retirement for several years enjoying the fruits of a long and busy career.

Thanks to Daina (Playford Library) for her help again with input into this article.

Picture is the headstone at Uleybury Cemetery.



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# Detox - Spring Clean Your Body

With Christmas fast approaching now may be the ideal time to give your body a detox so that you are ready for all the food and cheer at Christmas time.

A healthy and effective detox doesn't come in a bottle or a jar from the chemist, and it doesn't need to be a drastic or extreme regime that shocks the system and leaves you on the toilet for hours on end.

Detoxification is a natural process of the body - we constantly underestimate the body's abilities. While it's true that some of us neglect and abuse our bodies to the point where a total cleanse may be necessary, for most of us there are simple things that we can incorporate into our daily lives that will assist and enhance the body's natural inclination to rid itself of toxins. Things that become important in light of the bevy of toxins that assault us as modern day citizens. Here's how to detox with 'detoxing'.

**Skin Care:** The skin is the body's largest organ, and one of its prime channels of elimination (through sweat and dead skin). Get yourself a natural fibred skin brush from the chemist, a health food store or online, and dry brush your skin from the feet upwards (avoid the face) before you shower each day. This will remove the topmost layer of skin and help release waste (the skin is connected to the circulatory and lymphatic systems which carry waste out of the body's cells and away from the blood).

The skin also absorbs a great deal of the substances that are applied to it, so choose your skin care products carefully; you can minimise toxic exposure by choosing natural and certified organic products as opposed to the multitude of products containing harmful chemicals. Or you can make your own skin care products.

**Water:** Sounds basic but you must ensure that you drink enough water each day to complete your natural detoxification, it's also a very economical detox tool. Drinking water that is warm or at room temperature is most easily absorbed by the body. Be careful of over-hydrating whereby you'll loose valuable minerals in your urine (find your balance point, if you are having to go to the toilet straight away after drinking you have probably had enough!) The quality of the water you drink can have a bearing on your health so look into ceramic filters, under the sink filters, or buying pure water in bulk (avoid plastic bottles and products containing BPA) until you can afford a decent filter .

**Lemon water:** Drinking warm water with lemon juice has a strong cleansing and detoxifying effect on the body, amongst a multitude of other benefits. It's a fabulous way to start the day, kick start your metabolism and flush the liver. Do not use cold or boiling hot water (cold makes it harder for the body to utilise and heat can destroy the benefits and nutrients of the lemon juice).

**Liver Support:** The liver is integral to detoxification and often needs cleansing and support; incorporate a cup of dandelion or burdock tea into your day. Cook with turmeric and cinnamon. Eat sulphur rich foods such as garlic, onions, broccoli, cauliflower, cabbage, kale and egg yolks (in moderation). A diet high in fibre is essential to liver health.

**Physical activity:** Any physical activity will help stimulate the lymphatic system which works to drain the body's toxins. Certain yoga poses are aimed specifically at detoxification. Working up a sweat will further assist the body to expel toxins.

**Regular massage:** All massage types are beneficial but lymphatic drainage massages are brilliant to keep the system functioning and prevent stagnation in the body of waste and fluids. If you can't afford a regular massage, swap massages with a friend or partner, or learn the art of self massage.



**Eat the right foods:** There are thousands of books out there telling us what to eat and what not to eat, they all say different things and it can be confusing for consumers. Basically try to eat a well balanced diet full of whole foods, fresh fruit and vegetables, healthy fats, and organic where possible. Avoid excessive amounts of alcohol, caffeine, meat, GMO foods, processed and refined foods, and trans fat. Foods that specifically assist the body to detoxify include garlic, onions, artichoke, brown rice, olive oil, kale, beetroot, seaweed, quinoa, lemons, and whole green mung beans.

For optimum and lasting results, make changes slowly, perhaps incorporating one of these suggestions into your routine each week until they become habitual. Your body will thank you.

*Good luck with your detoxification, its going to give you so much more energy for Christmas shopping!*



*Life is a song - SING IT.*

*Life is a game - PLAY IT.*

*Life is a challenge - MEET IT.*

*Life is a dream - REALIZE IT.*

*Life is a sacrifice - OFFER IT.*

*Life is love - ENJOY IT.*

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## Sticky Jars?

How often do we try everything to get rid of the labels on jars so that we can use them for some of our preserves etc.? Well here we have an excellent way to remove the sticky gunk, Ann Davenport, a past resident has sent this in to help us all with the problem.

Just 3 ingredients will do the trick. 1/2 cup of Coconut Oil, 1/2 cup of Carb Soda and 6 drops of Lemon Essential Oil. Mix coconut oil and baking soda together in a bowl.

The coconut oil will be solid at first, but as you mix, it will soften and blend with the baking soda. Now add lemon oil and mix well with a spoon. Smear over label, then rinse and pull the label away.

Many thanks to Ann for this hint, if you have any hints to share with readers send them in.



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# Local Author To Attend OTH Market

Local author Wendy Altschwager moved to One Tree Hill from the family farm 25 years ago. Wendy and her husband John ran the newsagency at Craigmore until 2004 and after selling the business they travelled to WA and worked on a 20,000 acre wheat property which was 500kms from Perth.

During the four years they were there, Wendy began penning stories about their adventures, this was the beginning of her accidental writing career....

Since 2001, she has self-published 4 rural fiction novels and is the current president of the Barossa Writers Club.

Her first novel RUNAWAY, follows a teenager who was abandoned at birth, Robbie travels the county in search of his shearer parents. Together with his larrikin mate, Jake, they discover country life. In the sequel, Robbie and Jake run the huge property, EDWINA DOWNS.

Wendy's third novel, PRIOR KNOWLEDGE follows her passion for horses, having ridden state level dressage, she still breeds and races thoroughbreds.

Her latest book, THE PLEDGE, published in April of this year, reflects a true story when her husband John left school and cleared land on their Victorian property. Being too far from the home farm, the boys lived in an old bus and experienced many adventures.

Wendy writes with a humorous, punchy style that reflects how real life really is, and captures the essence of the country. An entertaining read, with engaging characters, the books make great presents.

Wendy will be attending the One Tree Hill Country Market on Saturday 1st November, come along and get a signed copy of her books that will be available for sale.



## Gardening in November

We have had a taste of warm weather this during the past couple of weeks so this is a timely reminder to not neglect your garden if you want it to look nice over the hotter months.

### Trees - Shrubs - Climbers

- 1: Give new plants a good watering and lay mulch to conserve moisture.
- 2: Remove suckers from roses and other grafted trees and shrubs.
- 3: Tie up or prune back new growth on climbers to keep them under control.
- 4: Remove spent flowers from late-flowering rhododendrons before seeds form.
- 5: Increase watering of summer shrubs such as hydrangeas which are now coming into bloom.
- 6: Lightly de-head roses. Feed and water to encourage more flowers for summer.

### Annuals, Perennials, Bulbs

- 1: Sow perennial seeds. Scatter seed heads from those already in the garden so that they come up again next year.
- 2: Stake tall-growing plants as necessary.
- 3: Lift and divide bearded Iris after flowering and replant with rhizome partially exposed.
- 4: Deep water agapanthus in bud for strong flowering, check for snails, treat with snail bait if necessary.
- 5: Cut the tops off bulbs and divide if you want to share some with a neighbour or friends or simply plant somewhere else in your garden.

### Tubs and Containers

- 1: Cut back potted shrubs once they have finished flowering.
- 2: Remove flowering bulbs from containers and tubs and store in the bottom of your fridge or somewhere cool.
- 3: If required, line planting containers with a fresh, water-retaining liner and add potting mix and slow release fertiliser for your annuals.
- 4: Empty water saucers underneath your pots, this job needs to be done regularly.
- 5: Delicate plants need to be shifted into a more shaded area in preparation for the summer heat.



*Enjoy your gardening, remember to water early in the morning if you are able to.*

## The Humble Pumpkin

Pumpkins do so much more than represent Halloween, they are one of the most fascinating nutritious and versatile autumnal produce. Here are some reasons why.



Pumpkins are known for providing a megadose of Vitamin A and beta-carotene, which help keep our immune system strong, our skin and teeth healthy and our eyesight good, particularly in low-light. They are also a strong source of potassium, which is helpful in balancing our electrolytes after a heavy workout. They keep us hydrated, helping our muscles function their best, lowering blood pressure and supporting healthy digestion.

The weight of a pumpkin can actually range from less than a half a kilo to over many hundreds of kilos. The Guinness Book of World Records reports the heaviest pumpkin weighed in at 2,032 pounds (over 900kilos). Imagine lugging that home from the picking patch!

With the pumpkin even the flowers are edible, their seeds are roastable and their flesh puree-able. It seems the only part of the pumpkin that we can't consume is the stem.

Did you know that they have been successfully grown on every continent on the world, short of the Antarctica.

Pumpkin seeds, are low in fat and the protein rich centre of the pumpkin, the seeds are loaded with tryptophan. Tryptophan, an amino acid, gets converted to serotonin, aka the "happy hormone" which could ease depression. Tryptophan also helps us sleep quicker, deeper and longer - once it gets converted into serotonin and then melatonin, also known as the "sleep hormone", now who wouldn't be happier to get more sleep!

Pumpkins are quite low in fat, there are only 100 calories in a cup of pumpkin, and considering that pumpkin provides seven grams of fibre per cup this means that it will help you feel fuller for a longer time.

The best time to plant pumpkins is from now through to December. They can be harvested in 15-20 weeks. Remember don't grow them in the same bed as potatoes.



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## Lavender in Your Garden

Most people can't resist the temptation when you walk past a lavender bush to crush it slightly with your finger tips. This fragrant shrub has been very popular throughout the years with many gardeners, it just doesn't seem to go out of fashion!



The spikes are popular for informal flower arrangements and it is easily dried to make potpourri sachets. Their fragrance is beautiful as it wafts around the home.

The flowers are usually a shade of lavender-purple, but they can also be white, pink or green and the leaves which are usually narrow and silver-grey or green-grey provide foliage contrast. As if the fragrance isn't enough to make us grow them, there are other uses for the plant, you can rub the leaves on an insect bite to take the sting out if it and the fragrance is said to aid sleep, promote relaxation and relieve headaches.

Most lavender grows in a sunny position, French Lavender is one of the hardiest to grow. Lavender is a water miser, once they are established they tolerate our dry summers and reward us with a mass of colour.

Lavender is not a perfect plant as it will turn up its toes without perfect drainage and needs regular pruning by half to two thirds to slow down its tendency to get 'woody' at the base. Once woody, it's impossible to return the plant to its youthful appearance as pruning into the dead wood usually kills it.

Lavender has been around for thousands of years with the Egyptians using the scented oil in embalming, and the Romans perfuming their bathhouses with the fragrance. The word lavender is derived from the Latin 'lavare' which means to wash, as clothes were dried over lavender bushes so the aromatic oils in the leaves and flowers scented the cloth.



# COMMUNITY DIRECTORY

Hall Hire Ph: 8280 0000 or 0459 105 045

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C/Member & JP	Andrew Craig	0417 016 160
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Federal MP	Nick Champion	8254 2422
Friends of Para Wirra	Patsy Johnson	8280 7279
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Nth Hills Pony Club	Sharon Xanthopoulos	0401 214 950
OTH Grapevine	Editorial Team	8280 7095
OTH Country Market	Bev Campbell	0448 208 338
OTH Progress Ass	Secretary	8280 7095
OTH Playgroup	Monday	0417 140 574
OTH Playgroup	Wednesday	0448 354 990
OTH Primary School	Front Desk	8280 7027
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Scout Group	Darryl	8254 9650 or 0432 624 697
Senior Citizens	Lance Walter	8280 7259
Soccer Club Registrar	Tamra	0414 911 321
State MP	Jon Gee	8254 1023
Tennis Club	Gary	8280 7067 or 0415 399 658
Walking Club (Walkie Talkies)	Helen	8280 7035

## Playford Council Contact Details

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**General Enquiries and Burning Permits (seasonal)** 8256 0333 Email: [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au)

**Libraries: Elizabeth** 8256 0334 **Munno Para** 8254 4600

**When telephoning council with a request please remember to get a Customer Registration Number (CRN) to ensure registration and easy identification of your communication.**

The Letter: Just a line to say I'm living, that I'm not among the dead. Though I'm getting more forgetful and mixed up in the head.

I got used to my arthritis, to my dentures I'm resigned. I can mange my bifocals, but God I miss my mind!

For sometime I can't remember when I stand at the foot of the stairs, if I must go up for something or have I just come down from there.

And before the fridge so often, my poor mind is filled with doubt, have I just put some food away or have I come to take it out.

And there's times when it is dark with my nightcap on my head, I don't know if I'm retiring or just getting out of bed.

So, if it's my turn to write to you there's no need for getting sore, I may think that I have written, and I don't want to be a bore.

So remember that I love you, and wish that you were near. Now it's nearly mail time so I must say good-bye.

Here I stand beside the mail box, with a face so very red, instead of mailing you my letter, I have opened it instead! *Thanks to Florence for sending this to the Grapevine.*

Volunteers are always needed at OTH Progress. Progress would love to hear from you if have some time on your hands and you would like to be part of a great team.

We seem to have the same dedicated few who are keeping Progress running. It would be great to see some new faces at the meetings and to have some fresh views on the running of Progress.

The next meeting is on 13th November (the 2nd Thursday of the month) at 7.30pm at the Institute.

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# Lemon Meringue Pie

Many people tend to think that Lemon Meringue Pie is too difficult to make. If you follow this simple recipe it will show you that it is a really easy treat to prepare. A Lemon Meringue is not only delicious but it also looks impressive.



**Lemon Filling:** To make the lemon filling, whisk together 5 eggs, 300mls of thin cream,  $\frac{3}{4}$  cup of caster sugar, 1 tablespoon finely grated lemon rind and  $\frac{1}{2}$  cup of lemon juice in a bowl until combined. Cover with plastic wrap and place in fridge for 1 hour to develop the flavours.

**Base:** Place  $1\frac{1}{2}$  cups of plain flour,  $\frac{1}{2}$  cup of almond meal, one third cup of icing sugar mixture, and 125grams of chopped butter in the bowl of a food processor and mix until it resembles fine breadcrumbs. Add 1 egg yolk and 1 teaspoon of water and mix again until the dough just starts to come together. Turn the dough onto a lightly floured surface and gently knead until just smooth. Shape into a disc. Cover with plastic wrap and rest for 30 minutes in the fridge.

Preheat oven to 200°, roll out the pastry base on a lightly floured surface to a 3millimetre thickness. Line a round 5 cm deep x 18cm pie dish, trim any excess dough. Place in fridge to rest for 30 minutes.

Cover the pastry base with baking paper and fill with pastry weights (or dry rice or beans - this will blind bake it). Bake for 10 minutes. Remove paper and weights. Bake for a further 8 minutes or until golden. Remove from the oven and reduce oven to 160°.

Strain the lemon mixture through a fine sieve into a jug. Pour into pastry case, bake in oven for 30 minutes or until just set. Set aside for 15 minutes to cool. Place in fridge for 1 hour to chill.

To make meringue, use electric beater to whisk 3 egg whites, mix until soft peaks form, gradually add  $\frac{1}{2}$  cup caster sugar, 1 tablespoon at a time until mixture is thick and glossy. Spoon meringue mixture over tart and bake in oven for 8-10 minutes. Cool to serve. Yummy!

# Where did these sayings originate?

**SLEEP TIGHT:** **Meaning:** Sleep well  
**History:** During Shakespeare's time, mattresses were secured on bed frames by ropes. In order to make the bed firmer, one had to pull the ropes to tighten the mattress.

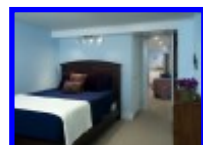


**SPILL THE BEANS:** **Meaning:** To reveal a secret  
**History:** In Ancient Greece, beans were used to vote for candidates entering various organisations. One container for each candidate was set out before the group members, who would place a white bean in the container if they approved of the candidate and a black bean if they did not. Sometimes a clumsy voter would accidentally knock over the jar, revealing all of the beans and allowing everyone to see the otherwise confidential votes.



## WAKING UP ON THE WRONG SIDE OF THE BED:

**Meaning:** Waking up in a bad mood  
**History:** The left side of the body or anything having to do with left was often associated considered sinister. To ward off evil, innkeepers made sure the left side of the bed was pushed against a wall, so guests had no other option but to get up on the right side of the bed.



**I'M BUSHED:** **Meaning:** When you are totally exhausted  
**History:** The term came from the Dutch settlers for the wilderness, but modified by the English to "bush". Clearing away forests was hard work and they often proclaimed after carving out a trail that they were bushed. Today the word means to be exhausted from anything and not just physical outdoor labour.



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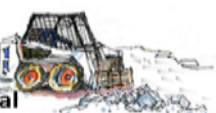
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think that tomorrow  
is a new day with  
no mistakes in it

yet?”



## Community Notice Board

Do you have an upcoming Community event or a special announcement that you would like printed on this page? Please keep notices as brief as possible.

Email or call with your details. Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com) Phone: 8280 7095

Please note deadline date on the front cover for each edition.



### ONE TREE HILL SOCCER CLUB ANNUAL GENERAL MEETING

The Annual General Meeting will be held at the OTHSC Clubrooms, McGilp Oval on **THURSDAY 4th DECEMBER, 2014, 7.30pm sharp**

All Senior and Junior members are encouraged to attend this meeting, we need a good number of members to formalize and finalise our Club Business for 2014.

The meeting is anticipated to run for no more than 1 hour.

Nominations for the Committee 2015 will be taken on the night. Nomination forms will be available at the commencement of the meeting.

Thank you in anticipation for your attendance.

## NEXT ONE TREE HILL COUNTRY MARKET

**SATURDAY 1st November - 8.30am until 1.00pm**  
at the OTH Institute, Black Top Road, One Tree Hill. Great variety of crafts, home cooking, sausage sizzle, Russian Cooking, coffee/tea, plants, fresh fruit and veg, books, craft supplies, wine, bric-a-brac and much more. 13 NEW STALL HOLDERS WILL BE ATTENDING THE NOVEMBER MARKET, COME AND SEE THE GREAT RANGE OF GOODIES AVAILABLE. For stall enquiries please call Bev



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PLEASE NOTE, BEV IS TAKING BOOKINGS FOR THE CHRISTMAS TWILIGHT MARKET THAT IS BEING HELD ON DECEMBER 19th FROM 3.00pm UNTIL 8.00pm HURRY LIMITED SPACES AVAILABLE.

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## Open Day at CFS

Come along to the open day at the CFS shed on Market Day 1st November to see some of our equipment and new equipment purchased through generous donations from the public.

Lots of information available to help you prepare for the 2014/15 Bushfire Season.

## BE ALERT

A quick reminder to everyone to be vigilant and report any suspicious behaviour, vehicles or just anything that seems suspicious.

With the recent spate of break-ins in the township we all need to stay alert and ring 131 444 if you see anything out of the ordinary. Please do not approach anyone just make the phone call to police. See Page 6 for the break-ins in OTH, let's try to prevent this from happening again.

### PLAYGROUP AT THE INSTUTUTE MONDAYS & WEDNESDAYS

Vacancies are available for babies to school age children at the OTH Institute.

Contact Kylie on 0417 140 574 or Alison on 0448 354 990 for further details  
9.30am until 11.30am



### MOBILE LIBRARY

A reminder to all residents that the Playford Council Mobile Library Service comes to One Tree Hill on a Friday afternoon, once a fortnight. NOVEMBER visiting dates for the Mobile Library are the 14th and 28th November, 2014.

The van parks outside of the Institute opposite the shops from 3.00pm - 4.00pm.



**Next OTH PROGRESS GENERAL MEETING is 13th NOVEMBER 7.30pm.**

**Venue: One Tree Hill Institute, Black Top Road, One Tree Hill.**

**We would love to see you there, Progress is at present a small group but with your help we can grow and make OTH an even better place to live.**

